A. INTRODUCTION

NOT POSSIBLE WITH AN INFORMANT

I would now like to start the interview and firstly I would like to ask......

1 How are you feeling toda Record verbatim	ay?	
2 Was this section omitte	.d?	
Yes SKIP A.1		
No SKIP A.3(98) A.4(8	3)	
Item not completed		
3 Why was it omitted?		
Interviewer decision - F	Participant frailty/fatigue SKIP A.4(8)	
Interviewer decision - F	Participant distress SKIP A.4(8)	
Interviewer decision - F	Participant unwell SKIP A.4(8)	
Interviewer decision - F	Participant too busy SKIP A.4(8)	
Interviewer decision - Ir informant SKIP A.4(8)	nformant/consultee ONLY answering	section not possible with
Interviewer decision - C	Concern re interviewer safety SKIP A.	4(8)
Interviewer error SKIP	A.4(8)	
Participant refused		
Relative/carer refused		-
Other reason (specify)		SKIP A.4(8)
Not applicable		
Item not completed		
4 Why did they refuse?		
No reason given		
Distress/anxiety		
Unwell		
Fatigue		
Other reason (specify)		
Not applicable		
Item not completed		

B. GENERAL HEALTH

POSSIBLE WITH AN INFORMANT - EXCEPT B1

I would now like to ask you about your health. Some questions have a choice of answers; please listen carefully to all of the options and then choose the answer which most closely matches your situation.

_	al, compared with other people your age, would you say that your health is:
© Exce	
Very	
© Goo	
Fair	
Poor	
Inter	viewer omitted - participant not present - interview- not possible with informant
Inter	viewer omitted-participant too cognitively impaired to give reliable answer-not possible with mant
O Don'	t know
Not a	applicable
Refu	ised to answer
Not a	asked
	ve any longstanding illness, disability or infirmity? mean anything that has troubled you over a period of time or that is likely to affect you over a
Yes	
O No S	SKIP B.3 B.4
O Don'	t know
Not a	applicable
Refus	sed to answer
Not a	asked
3 What is the	e matter with you?
	on ask, "Can I just check, do you have any more longstanding illnesses, disabilities or
have?	y longstanding illnesses, disabilities or infirmities does the respondent
If entered m	issing value codes in B3, use same missing value codes in B4.
	Min: 01 Max: 10 Don't know: 97 Refused to answer: 99 Not asked: 90

5 General health section answered by	
Participant alone SKIP B.6(8)	
Informant/consultee alone SKIP B.6(8)	
Participant and Informant/consultee	
Not applicable	
Item not completed	
6 If participant and informant/consultee	
Mainly participantMainly informant/consultee	
Equal contribution	
Not applicable	
Item not completed	
7 Was this section omitted?	
Yes SKIP B.1(98) B.2(8) B.3 B.4 B.5(8) B.6(8)	
Tes Skip B.1(90) B.2(0) B.3 B.4 B.3(0) B.0(0)	
No SKIP B.8(98) B.9(8)	
Item not completed	
8 Why was it omitted? Interviewer decision - Participant frailty/fatigue SKIP B.9(8) Interviewer decision - Participant distress SKIP B.9(8) Interviewer decision - Participant unwell SKIP B.9(8) Interviewer decision - Participant too busy SKIP B.9(8) Interviewer decision - Concern re interviewer safety SKIP B.9(8)	
Interviewer error SKIP B.9(8)	
Participant refused	
Relative/carer refused	2.42 - 2.42
Other reason (specify)	SKIP B.9(8)
Not applicable	
Item not completed	
9 Why did they refuse?	
No reason given	
Distress/anxiety	
Unwell	
© Fatigue	
Other reason (specify)	
Not applicable	
ltem not completed	

C. EYESIGHT

Not applicable
Refused to answer

Not asked

POSSIBLE	WITH AN INFORMANT
Now I would	I like to ask you some questions about your eyesight
1 Do yo	u use glasses/contact lenses?
0	Yes
•	^o No
0	Don't know
0	Not applicable
•	Refused to answer
•	Not asked
	u have difficulty recognising a friend across the road? (wearing your glasses/contact f necessary)
0	Yes
•	^o No
•	Does not perform the activity for reason unrelated to vision
•	Don't know
0	Not applicable
0	Refused to answer
6	Not asked
3 Do yo	u have difficulty reading ordinary newsprint? (wearing your glasses/contact lenses if ary)
0	Yes
0	No
	Does not perform the activity for reason unrelated to vision
	Don't know
	Not applicable
	Refused to answer
	Not asked
4 Are	you registered blind or partially sighted?
	Registered blind
	Registered partially sighted
0	Not registered blind or partially sighted
	Don't know

5 Eyesight section answered by		
Participant alone SKIP C.6(8)		
Informant/consultee alone SKIP C.6(8)Participant and informant/consultee		
Not applicable		
Item not completed		
6 If participant and informant/consultee		
Mainly participant		
Mainly informant/consulteeEqual contribution		
Not applicable		
Item not completed		
7 Was this section omitted?		
Yes SKIP C.1(8) C.2(8) C.3(8) C.4(8) C.5(8) C.6(8)		
No SKIP C.8(98) C.9(8)		
Item not completed		
8 Why was it omitted?		
Interviewer decision - Participant frailty/fatigue SKIP C.9(8)		
☐ Interviewer decision - Participant distress SKIP C.9(8)		
Interviewer decision - Participant unwell SKIP C.9(8)		
Interviewer decision - Participant too busy SKIP C.9(8)		
Interviewer decision - Concern re interviewer safety SKIP C.s	9(8)	
Interviewer error SKIP C.9(8)		
Participant refused		
Relative/carer refused		
Other reason (specify)	SKIP	C.9(8)
Not applicable		
Item not completed		
9 Why was it refused?		
No reason given		
Distress/anxiety		
O Unwell		
Fatigue		
Other reason (specify)		
Not applicable		
Item not completed		

D. HEARING

POSSIBLE WITH AN INFORMANT

Now	l would like	e to ask yoı	ม some questions a	bout your	hearing
-----	--------------	--------------	--------------------	-----------	---------

1 Do you have difficulty hearing someone talking in a quiet room? (Wearing your hearing aid if you have one)
O No
O Don't know
Not applicable
Refused to answer
Not asked
2 Do you find it difficult to follow a conversation if there is background noise, for example a TV, radio or children playing? (Wearing your hearing aid if you have one)
O Yes
◎ No
O Don't know
Not applicable
Refused to answer
Not asked
3 Interviewer to make an assessment of how much difficulty the participant had hearing the questions in the interview so far (wearing aid if necessary). © No difficulty
Some difficulty
Unable to hear at all
Participant not present
Not applicable
ltem not completed
4 Is the participant wearing a hearing aid?
⊚ Yes ⊚ No
Participant not present
Not applicable
Item not completed

5 Hearing section answered by		
Participant alone SKIP D.6(8)		
Informant/consultee alone SKIP D.6(8)		
Participant and informant/consultee		
Not applicable		
ltem not completed		
6 If participant and informant/consultee		
Mainly participant		
Mainly informant/consultee		
Equal contribution		
Not applicable		
Item not completed		
,		
7 Was this section omitted?		
Yes SKIP D.1(8) D.2(8) D.3(8) D.4(8) D.5(8) D.6(8)		
No SKIP D.8(98) D.9(8)		
Item not completed		
8 Why was it omitted?		
Interviewer decision - Participant frailty/fatigue SKIP D.9(8)		
Interviewer decision - Participant distress SKIP D.9(8)		
Interviewer decision - Participant unwell SKIP D.9(8)		
Interviewer decision - Participant too busy SKIP D.9(8)		
Interviewer decision - Concern re interviewer safety SKIP D.	9(8)	
Interviewer error SKIP D.9(8)		
Participant refused		
Relative/carer refused		
Other reason (specify)	SKIP	D.9(8)
Not applicable		
ltem not completed		
9 Why did they refuse?		
No reason given		
Distress/anxiety		
O Unwell		
© Fatigue	1	
Other reason (specify)		
Not applicable		
Item not completed		

E. KEY EVENTS

POSSIBLE WITH AN INFORMANT.

family have	ce we saw you last time (e.go which has stood out as impleed of interest or concernate aw you.	portant? This might	be things you h	ave done, or things that
	VERBATIM RESPONSE. FOR E	EACH EVENT, PROMPT	PARTICIPANT AI	ND RECORD 'SUBJECT

2 DO NOT ATTEMPT TO CODE THIS DURING THE INTERVIEW. CODE BACK IN OFFICE. CODE UP TO 6 EVENTS TOGETHER WITH THE SUBJECT CODE(S) (E.G. THE PARTICIPANT, THEIR SPOUSE, FRIEND OR PET)

Event code 1	999 Not asked: 990	Min: 001 Max: 097 Don't know: 997 Refused to answer:
Subject code 1a	Not asked: 90	Min: 00 Max: 20 Don't know: 97 Refused to answer: 99
Subject code 1b	Not asked: 90	Min: 00 Max: 20 Don't know: 97 Refused to answer: 99
Subject code		Min: 00 Max: 20 Don't know: 97 Refused to answer: 99
	Not asked: 90	
Event code 2	999 Not asked: 990	Min: 001 Max: 097 Don't know: 997 Refused to answer:
Subject code 2a	Not asked: 90	Min: 00 Max: 20 Don't know: 97 Refused to answer: 99
Subject code 2b	Not asked: 90	Min: 00 Max: 20 Don't know: 97 Refused to answer: 99
Subject code 2c	Not asked: 90	Min: 00 Max: 20 Don't know: 97 Refused to answer: 99
	Not asked. 50	Min. 004 May 007 Dank kany 007 Dak and to an average
Event code 3	999 Not asked: 990	Min: 001 Max: 097 Don't know: 997 Refused to answer:
Subject code 3a	Not asked: 90	Min: 00 Max: 20 Don't know: 97 Refused to answer: 99
Subject code 3b	Not asked: 90	Min: 00 Max: 20 Don't know: 97 Refused to answer: 99
Subject code 3c	Not asked: 90	Min: 00 Max: 20 Don't know: 97 Refused to answer: 99
	Not asked. 90	
Event code 4	999 Not asked: 990	Min: 001 Max: 097 Don't know: 997 Refused to answer:
Subject code 4a	Not asked: 90	Min: 00 Max: 20 Don't know: 97 Refused to answer: 99
Subject code 4b	Not asked: 90	Min: 00 Max: 20 Don't know: 97 Refused to answer: 99
Subject code 4c	Not asked: 90	Min: 00 Max: 20 Don't know: 97 Refused to answer: 99
		Miss cod Mass cod David Laws cod Date and the second
Event code 5	999 Not asked: 990	Min: 001 Max: 097 Don't know: 997 Refused to answer:
Subject code 5a	Not asked: 90	Min: 00 Max: 20 Don't know: 97 Refused to answer: 99
Subject code 5b	Not asked: 90	Min: 00 Max: 20 Don't know: 97 Refused to answer: 99
Subject code 5c	Not asked: 90	Min: 00 Max: 20 Don't know: 97 Refused to answer: 99

_		Min: 001 Max: 097 Don't know: 997 Refused to answe
Event code 6	999 Not asked: 990	Will. GOT Wax. GOT BOTT KNOW. GOT TROTAGED TO ATISWET.
Subject code		Min: 00 Max: 20 Don't know: 97 Refused to answer: 99
6a	Not asked: 90	
Subject code		Min: 00 Max: 20 Don't know: 97 Refused to answer: 99
6b	Not asked: 90	
Subject code 6c		Min: 00 Max: 20 Don't know: 97 Refused to answer: 99
	Not asked: 90	

3 IN THE FOLLOWING QUESTIONS CHECK WITH PARTICIPANT AND RECORD ANSWERS AGAIN EVEN IF ANSWERED AT QUESTION 1 ABOVE. TAKE CARE IF REPEATING SENSITIVE TOPICS.

Since we last saw you has anyone very close to you died? PROMPT TO INCLUDE PETS

O Yes
No SKIP E.4_01(8) E.4_02(8) E.4_03(8) E.4_04(8) E.4_05(8) E.4_06(8) E.4_07(8) E.4_08(8)
E.4_09(8) E.4_10(8) E.4_11(8) E.4_12(8) E.4_13(8) E.4_14(8) E.5
O Don't know
Not applicable
Refused to answer

4 Who was it who died?

Not asked

If a neighbour is also a friend then code as friend

	Yes	No	Don't know	Not applicable	Refused to answer	Not asked
Spouse/partner	<u>0</u> 1	<u>2</u>	7		6 9	<u></u> 10
Daughter(s)	<u></u> 1	<u>2</u>			6 9	<u></u> 10
Daughter(s) in law	<u></u> 1	<u>0</u> 2			6 9	<u></u> 10
Son(s)	<u></u> 1	<u>2</u>			6 9	<u>10</u>
Son(s) in law		<u></u> 2		<u>8</u>	o 9	<u></u> 10
Brother(s)		<u></u> 2		<u></u> 8	© 9	<u></u> 10
Brother(s) in law		<u></u> 2			© 9	<u></u> 10
Sister(s)		<u></u> 2	© 7	© 8	© 9	<u></u> 10
Sister(s) in law	₀ 1	<u></u> 2		© 8	© 9	
Other relative(s)		© ²	© ⁷	© 8	© ⁹	
Friend	₀ 1	<u></u> 2	© 7	© 8	© ⁹	
Neighbour		²		© 8	© ⁹	
Pet		© ²		© 8	© ⁹	
Other(s)		© ²		© 8	© ⁹	

5 If other(s) (final row), please	specify. No need to specify other relative(s)
	-

6 Since we last saw you has there been any change in your levels of physical acti	vity?
No change	
More active	
Less active	
Don't know	
Not applicable	
Refused to answer	
Not asked	
7 Since we last saw you has there been any change in your ability to do daily active	vities?
No change	
More able	
Less able	
C Less able	
Don't know	
Not applicable	
Refused to	
answer	
Not asked	
8 Since we last saw you has there been any change in your income or standard of	f livina?
No change	iiviiig :
Better off	
Less well off	
Don't know	
Not applicable	
Refused to answer	
Not asked	
NOL ASKEU	
9 Could I just check, what is your current legal marital status?	
Single, that is never married SKIP E.10 L.2_1(8) L.2_2(8) L.2_3(8) L.2_4(8) L.2_5(8)	3)
Married (1st marriage) SKIP E.10	,
Remarried SKIP E.10	
Separated but still legally married SKIP L.2_1(8) L.2_2(8) L.2_3(8) L.2_4(8) L.2_5(8)	3)
Divorced SKIP L.2_1(8) L.2_2(8) L.2_3(8) L.2_4(8) L.2_5(8)	
Widowed SKIP L.2_1(8) L.2_2(8) L.2_3(8) L.2_4(8) L.2_5(8)	
O Don't know	
Not applicable	
Refused to answer	
Not asked	

Not applicable

Item not completed

low long have you bed	en separateu/urvorceu/wit	dowed from your most recent partner?
Enter in years. If 1 year	or less then enter as 1.	
	Min: 01 Max: 70 Don't k	now: 97 Refused to answer: 99 Not asked: 90
Key events section ans	swarad by	
Participant alone Sk	•	
 Participant alone Sr Informant/consultee 	` '	
• miormani/consultee	alone SKIP E.12(0)	
Participant and infor	mant/consultee	
Not applicable		
Item not completed		
f participant and info	rmant/consultee	
Mainly participant		
Mainly informant/cor	nsultee	
Equal contribution		
Not applicable		
ltem not completed		
3 Was this section on	nitted?	
E.2_11 E.2_12 E.2_ E.2_23 E.2_24 E.3 E.4_07(8) E.4_08(8	_13 E.2_14 E.2_15 E.2_16 E.3 (8) E.4_01(8) E.4_02(8) E.4 3)	2_05 E.2_06 E.2_07 E.2_08 E.2_09 E.2_10 2_17 E.2_18 E.2_19 E.2_20 E.2_21 E.2_22 _03(8) E.4_04(8) E.4_05(8) E.4_06(8) 6(8) E.4_14(8) E.5 E.6(8) E.7(8) E.8(8) E.9(8) E.1
No SKIP E.14(98) E	E.15(8)	
Item not completed		
Why was it omitted?		
Interviewer decision	- Participant frailty/fatigue SK	P E.15(8)
Interviewer decision	- Participant distress SKIP E.	15(8)
Interviewer decision	- Participant unwell SKIP E.15	5(8)
Interviewer decision	- Participant too busy SKIP E	.15(8)
Interviewer decision	- Concern re interviewer safe	y SKIP E.15(8)
Interviewer error SK	IP E.15(8)	
Participant refused		
Relative/carer refuse	ed	
Other reason (specif	fy)	SKIP E.15(8)

Page **13** of **108**

15 Why did they refuse?	
No reason given	
Distress/anxiety	
Unwell	
Fatigue	
Other reason (specify)	
Not applicable	
Item not completed	

F. LIVING ARRANGEMENTS

POSSIBLE WITH AN INFORMANT

The following questions ask about where you live now.....

1 Could I just check, since we last saw you have you changed add Is the participant's CURRENT address different to their address at Pha- 'intermediate' changes or current changes which are temporary.	
Yes - moved into care home SKIP F.3(8) F.4_01(8) F.4_02(8) F.4_0 F.4_06(8) F.4_07(8) F.4_08(8) F.4_09(8) F.4_10(8) F.4_11(8) F.4_12(8) F.7_02(8) F.7_03(8) F.7_04(8) F.7_05(8) F.7_06(8) F.7_07(8) F.7_08 F.7_11(8) F.7_12(8) F.8 F.9(8) F.10_01(8) F.10_02(8) F.10_03(8) F.10_ (8) F.10_07(8) F.10_08(8) F.10_09(8) F.10_10(8) F.10_11(8) F.10_12(8)	3) F.5 F.6(8) F.7_01(8) (8) F.7_09(8) F.7_10(8) 04(8) F.10_05(8) F.10_06
Yes - moved but NOT into care home	
No SKIP F.2 F.3(8) F.4_01(8) F.4_02(8) F.4_03(8) F.4_04(8) F.4_F.4_08(8) F.4_09(8) F.4_10(8) F.4_11(8) F.4_12(8) F.5 F.14(8) F.15(8)	05(8) F.4_06(8) F.4_07(8)
Don't know	
Not applicable	
Refused to answer	
Not asked	
2 Why was that?	
Record answer verbatim	

2	Did v	n I	ava i	in with	someone	alsa2
J	Dia v	ou n	iove i	ın witr	i someone	eise :

ers to the move to their current address
O Yes
No SKIP F.4_01(8) F.4_02(8) F.4_03(8) F.4_04(8) F.4_05(8) F.4_06(8) F.4_07(8) F.4_08(8)
F.4_09(8) F.4_10(8) F.4_11(8) F.4_12(8) F.5
O Don't know
Not applicable
Refused to answer
Not asked

4 Who did you move in with?

Le uiu yeu mere	Yes	No	Don't know	Not applicable	Refused to answer	Not asked
Spouse/partner	1	<u>0</u> 2	7	8	© 9	10
Daughter(s)	<u>0</u> 1	<u>2</u>	7	8	© 9	<u>10</u>
Daughter(s) in law	<u></u> 1	<u>2</u>		<u></u> 8	© 9	<u></u> 10
Son(s)	<u>0</u> 1	<u>2</u>		8	© 9	<u>10</u>
Son(s) in law		<u>2</u>		<u>8</u>	o 9	<u>10</u>
Brother(s)		<u></u> 2			© 9	<u>10</u>
Brother(s) in law		<u></u> 2		© 8	© 9	<u>10</u>
Sister(s)		<u></u> 2		© 8	© 9	<u></u> 10
Sister(s) in law		<u></u> 2		© 8	© ⁹	<u></u> 10
Other relative(s)		<u></u> 2		© 8	© ⁹	<u></u> 10
Friend		© ²	© ⁷	© 8	© ⁹	
Other(s)		²		®	© ⁹	₀ 10

5 If other(s) (final row), please specify. No need to specify other relative(s							

6 Since we last saw you, has anyone moved in to live with you?

f partici	pant still resides in a care home, please select 'not relevant-resides in care home'
	Yes
0	No SKIP F.7_01(8) F.7_02(8) F.7_03(8) F.7_04(8) F.7_05(8) F.7_06(8) F.7_07(8) F.7_08(8 F.7_09(8) F.7_10(8) F.7_11(8) F.7_12(8) F.8
0	Not relevant-resides in care home SKIP F.7_01(8) F.7_02(8) F.7_03(8) F.7_04(8) F.7_05(8) F.7_06(8) F.7_07(8) F.7_08(8) F.7_09(8) F.7_10(8) F.7_11(8) F.7_12(8) F.8 F.9(8) F.10_01(8) F.10_02(8) F.10_03(8) F.10_04(8) F.10_05(8) F.10_06(8) F.10_07(8) F.10_08(8) F.10_09(8) F.10_10(8) F.10_11(8) F.10_12(8) F.11 F.12
	Don't know
	Not applicable
	Refused to answer
	Not asked

7 Who has moved in with you?

	Yes	No	Don't know	Not applicable	Refused to answer	Not asked
Spouse/partner	<u></u> 1	<u>2</u>	7		9	10
Daughter(s)	<u></u> 1	<u>2</u>	7		9	<u></u> 10
Daughter(s) in law	<u>1</u>	<u>2</u>		<u></u> 8	© 9	<u></u> 10
Son(s)	<u>1</u>	<u>2</u>		8	© 9	<u></u> 10
Son(s) in law		<u>2</u>		<u>8</u>	© 9	<u></u> 10
Brother(s)		<u>2</u>			© 9	<u>10</u>
Brother(s) in law		<u></u> 2			© 9	
Sister(s)		<u></u> 2		© 8	© 9	<u></u> 10
Sister(s) in law		<u></u> 2		© 8	© ⁹	<u></u> 10
Other relative(s)		<u></u> 2		© 8	© ⁹	<u></u> 10
Friend			© ⁷	© 8	© ⁹	<u></u> 10
Other(s)			© ⁷	© 8	© ⁹	₀ 10

If other(s) (final row), please specify. No need to sp	ecify other relative(s)
	n.

9 So, could I just check, do you live alo

Yes SKIP F.10_01(8) F.10_02(8) F.10_03(8) F.10_04(8) F.10_05(8) F.10_0	06(8) F.10_07(8)
F.10_08(8) F.10_09(8) F.10_10(8) F.10_11(8) F.10_12(8) F.11 F.12	
○ No	
O Don't know	
Not applicable	
Refused to answer	

10 And could I just check, who do you live with?

Not asked

•	Yes	No	Don't know	Not applicable	Refused to answer	Not asked
Spouse/partner	<u></u> 1	<u>2</u>		8	6 9	<u></u> 10
Daughter(s)	<u>1</u>	<u>2</u>			6 9	<u></u> 10
Daughter(s) in law	<u>1</u>	<u>2</u>		8	6 9	<u></u> 10
Son(s)	<u>1</u>	<u>2</u>			6 9	<u></u> 10
Son(s) in law		<u>2</u>		<u>8</u>	o 9	<u></u> 10
Brother(s)		<u>2</u>			© 9	<u>10</u>
Brother(s) in law		<u></u> 2			© 9	<u>10</u>
Sister(s)		<u></u> 2		© 8	© 9	<u></u> 10
Sister(s) in law		<u></u> 2		© 8	© 9	<u></u> 10
Other relative(s)		© ²	© ⁷	© 8	© ⁹	₀ 10
Friend		© ²		© 8	© ⁹	₀ 10
Other(s)			© ⁷	© 8	© ⁹	<u></u> 10

 in the state of th
Min: 01 Max: 10 Don't know: 97 Refused to answer: 99 Not asked: 90

13 What best describes your home

CODE GRANNY FLAT AS STANDARD HOUSING

TAKE CARE WITH SKIPS OF M1 SET UP FROM THIS QUESTION- ONLY CERTAIN ROWS OF M1 SHOULD BE SKIPPED. STANDARD HOUSING AND 'OTHER' SKIP ROW 1 M1, CARE HOME - RESIDENTIAL OR NURSING PLACEMENT AND LONG STAY HOSPITAL SKIP ROWS 1-5 M1.

	"Standard" housing SKIP M.1_01(8)	
	Sheltered housing with warden	
(Care home - residential placement: council SKIP F.1: M.1_03(8) M.1_04(8) M.1_05(8)	4(8) F.15(8) F.16(8) M.1_01(8) M.1_02(8)
(Care home - residential placement: private SKIP F.14 M.1_03(8) M.1_04(8) M.1_05(8)	4(8) F.15(8) F.16(8) M.1_01(8) M.1_02(8)
(Care home - nursing placement SKIP F.14(8) F.15(8 M.1_04(8) M.1_05(8)	s) F.16(8) M.1_01(8) M.1_02(8) M.1_03(8)
(Long stay hospital SKIP F.14(8) F.15(8) F.16(8) M.1 M.1_05(8)	_01(8) M.1_02(8) M.1_03(8) M.1_04(8)
	Other (specify)	SKIP M.1_01(8)
	Don't know	
	Not applicable	
	Refused to answer	
(Not asked	
14 ls v	our home	
-	Rented from the local authority (Council), housing ass	ociation or trust
	Rented from private landlord	
(Owned or mortgaged	
(Don't know	
(Not applicable	
(Refused to answer	
	Not asked	
15 In w	hose name is your home rented or owned/mort	gaged:
	Your own name (either alone or jointly with someone	
(Spouse/partner (but not in your name)	,
	Brother or brother-in-law, sister or sister-in-law (but n	ot in your name)
	Daughter or daughter-in-law, son or son-in-law (but n	ot in your name)
0	Other relative (but not in your name)	
(Other (specify)	
(Don't know	
(Not applicable	
0	Refused to answer	
0	Not asked	

16 Are your bedroom, toilet, kitchen, and living room on the same level?
Yes
O No
Don't know
Not applicable
Refused to answer
Not asked
17 Living arrangements section answered by
Participant alone SKIP F.18(8)
Informant/consultee alone SKIP F.18(8)
Participant and informant/consultee
Not applicable
Item not completed
18 If participant and informant/consultee
Mainly participant
Mainly informant/consultee
Equal contribution
Not applicable
Item not completed

4010		44.0	4.5	144 10
19 1/	vas.	this	Section	omitted?

- Yes SKIP F.1(8) F.2 F.3(8) F.4_01(8) F.4_02(8) F.4_03(8) F.4_04(8) F.4_05(8) F.4_06(8) F.4_07(8) F.4_08(8) F.4_09(8) F.4_10(8) F.4_11(8) F.4_12(8) F.5 F.6(8) F.7_01(8) F.7_02(8) F.7_03(8) F.7_04(8) F.7_05(8) F.7_06(8) F.7_07(8) F.7_08(8) F.7_09(8) F.7_10(8) F.7_11(8) F.7_12(8) F.8 F.9(8) F.10_01(8) F.10_02(8) F.10_03(8) F.10_04(8) F.10_05(8) F.10_06(8) F.10_07_08(8) F.10_08(8) F.
 - (8) F.10_08(8) F.10_09(8) F.10_10(8) F.10_11(8) F.10_12(8) F.11 F.12 F.13(98) F.14(8) F.15(8) F.16 (8) F.17(8) F.18(8)
- No SKIP F.20(98) F.21(8)
- Item not completed

20 Why was it omitted?

- Interviewer decision Participant frailty/fatigue SKIP F.21(8)
- Interviewer decision Participant distress SKIP F.21(8)
- Interviewer decision Participant unwell SKIP F.21(8)
- Interviewer decision Participant too busy SKIP F.21(8)
- Interviewer decision Concern re interviewer safety SKIP F.21(8)
- Interviewer error SKIP F.21(8)
- Participant refused
- Relative/carer refused
- Other reason (specify) SKIP F.21(8)
- Not applicable
- Item not completed

21 Why did they refuse?

- No reason given
- Distress/anxiety
- Unwell
- Fatigue
- Other reason (specify)
- Not applicable
- Item not completed

lf

lf

G. STANDARDISED MINI-MENTAL STATE EXAMINATION (SMMSE)

Complete the SMMSE recording sheet during the interview. Do not attempt to complete this section during the interview, leave it until you return to the office.

-2 Was this section omitted?	
	4G.5G.6G.7G.8G.9G.10G.11G.12G.13G.14G.15G.16G.17G.18G.19
* * * * * * * * * * * * * * * * * * * *	8(8) G.29(8) G.30(8) G.31(98) G.33(8) G.34(8) G.35(8) G2.1_2 G2.2_2
G2.3_2 G2.4_2 G2.5_2 G2.1 G2.15_2 G2.16_2 G2.17_2	6_2 G2.7_2 G2.8_2 G2.9_2 G2.10_2 G2.11_2 G2.12_2 G2.13_2 G2.14_2
No SKIP G1(98) G.0(8)	
)
Item not completed	
-1 Why was it omitted?	
Interviewer decision - Pa	articipant frailty/fatigue SKIP G.0(8)
	articipant distress SKIP G.0(8)
	articipant unwell SKIP G.0(8)
Interviewer decision - Partic	·
	ncern re interviewer safety SKIP G.0(8)
Interviewer error SKIP G	·
Participant refused	
Relative/carer refused	
Other reason (specify)	SKIP G.0(8)
Not applicable	
Item not completed	
0 Why did they refuse?	
No reason	
Distress/anxiety	
Unwell	
Fatigue	
Other reason (specify)	
Not applicable It is a second of the secon	
Item not completed	
1 What year is this?	
participant does not respond reco	ord as '88'
·	Min: 00 Max: 01 Don't know: 97 Refused to answer: 99 Not asked: 90
	Willi. 00 Max. 01 Dolft know. 97 Netused to answer. 99 Not asked. 90
2 What season is this?	
participant does not respond reco	ord as '88'
	Min: 00 Max: 01 Don't know: 97 Refused to answer: 99 Not asked: 90

3 What month is this?	
If participant does not respond	record as '88'
	Min: 00 Max: 01 Don't know: 97 Refused to answer: 99 Not asked: 90
4 What is today's date? If participant does not respond	d record as '88'
,	Min: 00 Max: 01 Don't know: 97 Refused to answer: 99 Not asked: 90
	Will. 00 Wax. 01 Don't know. 97 Refused to answer. 99 Not asked. 90
5 What day of the week is If participant does not respond	
Ti participant does not respond	
	Min: 00 Max: 01 Don't know: 97 Refused to answer: 99 Not asked: 90
6 ORIENTATION - PLACE	
What country are we in? If participant does not respond	Arecord as '88'
Ti participant does not respond	
	Min: 00 Max: 01 Don't know: 97 Refused to answer: 99 Not asked: 90
7 What county are we in?	
If participant does not respond	Frecord as '88'
	Min: 00 Max: 01 Don't know: 97 Refused to answer: 99 Not asked: 90
8 What city/town are we i	n?
If participant does not respond	I record as '88'
	Min: 00 Max: 01 Don't know: 97 Refused to answer: 99 Not asked: 90
9 What is the street addre	ess of this house? / What is the name of this hospital/building?
	Min: 00 Max: 01 Don't know: 97 Refused to answer: 99 Not asked: 90
10 What room are we in? If participant does not respond	/ What floor of the building are we on? drecord as '88'
	Min: 00 Max: 01 Don't know: 97 Refused to answer: 99 Not asked: 90
11 REGISTRATION	
If participant does not respond	d record as '88'
	Min: 00 Max: 03 Don't know: 97 Refused to answer: 99 Not asked: 90
12 ATTENTION AND CAL	CULATION
Could you spell the word	WORLD backwards?
If participant does not respond	
	Min: 00 Max: 05 Don't know: 97 Refused to answer: 99 Not asked: 90

13 RECALL	
If participant does not res	spond record as '88'
	Min: 00 Max: 03 Don't know: 97 Refused to answer: 99 Not asked: 90
14 LANGUAGE - WR	ISTWATCH
If participant does not res	spond record as '88'
	Min: 00 Max: 01 Don't know: 97 Refused to answer: 99 Not asked: 90
15 PENCIL	
If participant does not res	spond record as '88'
	Min: 00 Max: 01 Don't know: 97 Refused to answer: 99 Not asked: 90
16 No ifs, ands or bu	
If participant does not res	spond record as '88'
	Min: 00 Max: 01 Don't know: 97 Refused to answer: 99 Not asked: 90
17 CLOSE YOUR EY	 -
If participant does not res	spond record as '88'
	Min: 00 Max: 01 Don't know: 97 Refused to answer: 99 Not asked: 90
	TRUCTIONS: PAPER FOLDING
If participant does not res	spond record as '88'
	Min: 00 Max: 03 Don't know: 97 Refused to answer: 99 Not asked: 90
19 SENTENCE	
If participant does not res	spond record as '88'
	Min: 00 Max: 01 Don't know: 97 Refused to answer: 99 Not asked: 90
20 COPY DIAGRAM	
If participant does not res	spond record as '88'
	Min: 00 Max: 01 Don't know: 97 Refused to answer: 99 Not asked: 90

21 Orientation - time: score (max 5)
o Recalculate
22 Orientation - place: score (max 5)
o Recalculate
23 Registration/Calculation/Recall: score (max 11)
Recalculate
0 Recalculate
24 Language: score (max 9)
Recalculate
25 Total score (max 30)
Recalculate
26 Were any items not asked?
O Yes
No SKIP G.27(98)
Not applicable
Item not completed
27 Reasons why items not asked
CODE ALL THAT APPLY
☐ Visual impairment
Speech impairment
Language barrier
Unable to comprehend task
Literacy problem (unable to read/write)
Reduced manual dexterity
distress
Fatigue
Interviewer error
Other reason
Not applicable

28 Were any items refused?	
Yes	
No SKIP G.29(8)	
Not applicable	
Item not completed	
29 Reasons why items refused CODE ALL THAT APPLY	
Participant refused - no reason	
Participant refused - visual impairment	
Participant refused - literacy problem (unable to	read/write)
Participant refused - reduced manual dexterity	
Participant refused - other reason (specify)	
Relative/carer refused - no reason	
Relative/carer refused - other reason (specify)	
Not applicable	
ιοι αρμιισανί ε	
Reason not entered	
	ed questions limited by any problems
Reason not entered 30 Was the participant's performance on attempte	ed questions limited by any problems
Reason not entered 30 Was the participant's performance on attempte unrelated to cognitive function?	ed questions limited by any problems
Reason not entered 30 Was the participant's performance on attempte unrelated to cognitive function? Yes	ed questions limited by any problems
Reason not entered 30 Was the participant's performance on attempte unrelated to cognitive function? Yes No SKIP G.31(98)	ed questions limited by any problems
Reason not entered 30 Was the participant's performance on attempte unrelated to cognitive function? Yes No SKIP G.31(98) Not applicable Item not completed 31 If Yes, what problem(s) CODE ALL THAT APPLY	ed questions limited by any problems
Reason not entered 30 Was the participant's performance on attempte unrelated to cognitive function? Yes No SKIP G.31(98) Not applicable Item not completed 31 If Yes, what problem(s) CODE ALL THAT APPLY Visual impairment	ed questions limited by any problems
Reason not entered 30 Was the participant's performance on attempte unrelated to cognitive function? Yes No SKIP G.31(98) Not applicable Item not completed 31 If Yes, what problem(s) CODE ALL THAT APPLY Visual impairment Hearing impairment	ed questions limited by any problems
Reason not entered 30 Was the participant's performance on attempte unrelated to cognitive function? Yes No SKIP G.31(98) Not applicable Item not completed 31 If Yes, what problem(s) CODE ALL THAT APPLY Visual impairment Hearing impairment Speech impairment	ed questions limited by any problems
Reason not entered 30 Was the participant's performance on attempte unrelated to cognitive function? Yes No SKIP G.31(98) Not applicable Item not completed 31 If Yes, what problem(s) CODE ALL THAT APPLY Visual impairment Hearing impairment Speech impairment Language barrier	ed questions limited by any problems
Reason not entered 30 Was the participant's performance on attempte unrelated to cognitive function? Yes No SKIP G.31(98) Not applicable Item not completed 31 If Yes, what problem(s) CODE ALL THAT APPLY Visual impairment Hearing impairment Speech impairment Language barrier Literacy problem (unable to read/write)	ed questions limited by any problems
Reason not entered 30 Was the participant's performance on attempte unrelated to cognitive function? Yes No SKIP G.31(98) Not applicable Item not completed 31 If Yes, what problem(s) CODE ALL THAT APPLY Visual impairment Hearing impairment Speech impairment Language barrier Literacy problem (unable to read/write) Reduced manual dexterity	ed questions limited by any problems
Reason not entered 30 Was the participant's performance on attempte unrelated to cognitive function? Yes No SKIP G.31(98) Not applicable Item not completed 31 If Yes, what problem(s) CODE ALL THAT APPLY Visual impairment Hearing impairment Speech impairment Language barrier Literacy problem (unable to read/write)	ed questions limited by any problems

Not applicable

ltem not completed

32 Total Score 0 Recalculate
33 Is the total SMMSE score less than 19?
O Yes
No SKIP G.34(8) G.35(8)
Not applicable
ltem not completed
34 Was consultee approval obtained prior to starting interview?
Yes SKIP G.35(8)
O No
Not applicable
Item not completed
35 In your opinion, is the participant capable of consent without the need for consultee approval?
IT WILL BE VERY UNUSUAL TO ANSWER 'YES' TO THIS QUESTION. IF YOU DO JUDGE THAT THE
PARTICIPANT IS CAPABLE OF CONSENT WITHOUT ADDITIONAL CONSULTEE APPROVAL DESPITE
SMMSE <19 YOU MAY CONTINUE THE INTERVIEW BUT YOU MUST DISCUSS THIS WITH THE
RESEARCH NURSE MANAGER ASAP AND DOCUMENT YOUR DECISION. IF YOU JUDGE THAT THE
PARTICIPANT IS NOT CAPABLE OF CONSENT WITHOUT CONSULTEE APPROVAL, YOU MUST
DISCONTINUE THE INTERVIEW UNTIL APPROVAL IS OBTAINED.
O Yes
No.

G2. SMMSE CHECK

1 What year is this? If participant does not response.	and record as '88'
partioparticosonici respe	Min: 00 Max: 01 Don't know: 97 Refused to answer: 99 Not asked: 90
2 What season is this?	
If participant does not response	nd record as '88'
	Min: 00 Max: 01 Don't know: 97 Refused to answer: 99 Not asked: 90
3 What month is this?	
If participant does not response	nd record as '88'
	Min: 00 Max: 01 Don't know: 97 Refused to answer: 99 Not asked: 90
4 What is today's date?	
If participant does not respo	nd record as '88'
	Min: 00 Max: 01 Don't know: 97 Refused to answer: 99 Not asked: 90
5 What day of the week	
If participant does not respo	and record as '88'
	Min: 00 Max: 01 Don't know: 97 Refused to answer: 99 Not asked: 90
6 ORIENTATION - PLAC	CE CONTRACTOR OF THE CONTRACTO
What country are we in If participant does not response	
T partioipantasso not respe	Min: 00 Max: 01 Don't know: 97 Refused to answer: 99 Not asked: 90
7 What county are we i	n?
If participant does not respo	nd record as '88'
	Min: 00 Max: 01 Don't know: 97 Refused to answer: 99 Not asked: 90
8 What city/town are we	
If participant does not response	nd record as '88'
	Min: 00 Max: 01 Don't know: 97 Refused to answer: 99 Not asked: 90
	dress of this house? / What is the name of this hospital/building?
If participant does not respo	nd record as '88'
	Min: 00 Max: 01 Don't know: 97 Refused to answer: 99 Not asked: 90

10 What room are we in? / What floor of the building are we on?
If participant does not respond record as '88'

Min: 00 Max: 01 Don't know: 97 Refused to answer: 99 Not asked: 90

11 REGISTRATION I am going to name three objects If participant does not respond record as '88' Min: 00 Max: 03 Don't know: 97 Refused to answer: 99 Not asked: 90 12 ATTENTION AND CALCULATION Could you spell the word WORLD backwards? If participant does not respond record as '88' Min: 00 Max: 05 Don't know: 97 Refused to answer: 99 Not asked: 90 13 RECALL Now what were the 3 objects that I asked you to remember? If participant does not respond record as '88' Min: 00 Max: 03 Don't know: 97 Refused to answer: 99 Not asked: 90 14 LANGUAGE - WRISTWATCH If participant does not respond record as '88' Min: 00 Max: 01 Don't know: 97 Refused to answer: 99 Not asked: 90 15 PENCIL If participant does not respond record as '88' Min: 00 Max: 01 Don't know: 97 Refused to answer: 99 Not asked: 90 16 No ifs, ands or buts If participant does not respond record as '88' Min: 00 Max: 01 Don't know: 97 Refused to answer: 99 Not asked: 90 17 CLOSE YOUR EYES If participant does not respond record as '88' Min: 00 Max: 01 Don't know: 97 Refused to answer: 99 Not asked: 90 18 FOLLOWING INSTRUCTIONS: PAPER FOLDING If participant does not respond record as '88' Min: 00 Max: 03 Don't know: 97 Refused to answer: 99 Not asked: 90 19 SENTENCE If participant does not respond record as '88' Min: 00 Max: 01 Don't know: 97 Refused to answer: 99 Not asked: 90 **20 COPY DIAGRAM** If participant does not respond record as '88'

Min: 00 Max: 01 Don't know: 97 Refused to answer: 99 Not asked: 90

21 Do SMMSE CHECK scores match 1st SMMSE entry scores?

If "0" appears when you "recalculate" this indicates there are NO mismatches. Any other number indicates the question where the mismatch occurs, this will need to be corrected and "recalculated" (more than once if necessary) until you achieve 0

Recalculate

H1. DISABILITY

POSSIBLE WITH AN INFORMANT

Now I would like to ask about any difficulties you may have with day to day activities. For each activity I would like to know if you are able to do the activity at the moment. It does not matter whether you are actually doing the activities, but whether you could do them if you had to.

For each activity there are a choice of answers written on this card and they are:

SHOW PROMPT CARD H AND READ OUT

- 1. I have no difficulty doing this by myself
- 2. I have some difficulty doing this by myself
- 3. I can only do this by myself if I use an aid or appliance
- 4. I am unable to do this by myself, I need someone else's help.

N.B. Aids and appliances do NOT include items a non-disabled person might ordinarily use to perform an activity such as a microwave for cooking

1 Are you able to get in and out of bed?

IFUSES AIDS OR APPLIANCES BUT ALSO NEEDS SOMEONE TO H	ELPTHEM, COD	EAS"IAMUNABLE
TO DO THIS MYSELF. I NEED SOMEONE ELSE'S HELP"		

I have no difficulty doing this by myself	
I have some difficulty doing this by myself	
I can only do this by myself if I use an aid or appliance	
I am unable to do this by myself, I need someone else's h	elp
O Don't know	
Not applicable	
Refused to answer	

2 Are you able to get in and out of a chair?

Not asked

IF USES AIDS OR APPLIANCES BUT ALSO NEEDS SOMEONE TO HELP THEM, CODE AS "I AM UNABLE TO DO THIS MYSELF. I NEED SOMEONE ELSE'S HELP"

J 1	THOM FOLLY, THEED GOINE ONE LEGE OF ILLI
	I have no difficulty doing this by myself
	I have some difficulty doing this by myself
	I can only do this by myself if I use an aid or appliance
	I am unable to do this by myself, I need someone else's help
	O Don't know
	Not applicable
	Refused to answer
	Not asked

3 Are you able to get on and off the toilet?

FUSES AIDS OR APPLIANCES BUT ALSO NEEDS SOMEONE TO HELP THEM, CODE AS "I A	ıМ
JNABLE TO DO THIS MYSELF, I NEED SOMEONE ELSE'S HELP"	
I have no difficulty doing this by myself SKIP H1.4(8) H1.5(98) H1.6(8) H1.7(98) H1.8(8)	
 I have some difficulty doing this by myself I can only do this by myself if I use an aid or appliance I am unable to do this by myself, I need someone else's help SKIP H1.4(8) 	
O Don't know	

Refused to answerNot asked

Not applicable

4 Does anyone help you to use the toilet?

Yes
No SKIP H1.5(98) H1.6(8) H1.7(98) H1.8(8)
Don't know
Not applicable
Refused to answer

5 Who usually helps you?

(CODE 1 ONLY)

Not asked

Not asked

٠,	ODL I ONLI)
	Spouse/Partner
	Children
	Other relatives
	Friend or neighbour
	Home help/Home care provided by Social Services
	Home help/Home care provided by a voluntary agency
	Home help/Home care (private)
	Care worker (in residential/nursing home)
	Community nurse
	Private Nurse
	Other (specify)
	O Don't know
	Not applicable
	Refused to answer

6

8

Do they help:
Whenever you need the toilet
Several times a day
Once a day
Most days
Less often?
O Don't know
Not applicable
Refused to answer
Not asked
7 Does any one else help you? (CODE UP TO 3)
No, no-one else helps
Spouse/Partner
Children
Other relatives
Friend or neighbour
Home help/Home care provided by Social Services
Home help/Home care provided by a voluntary agency
Home help/Home care (private)
Care worker (in residential/nursing home)
Community nurse
Private Nurse
Other (specify)
Don't know
☐ Not applicable
Refused to answer
Not asked
Would you say the help you get to use the toilet:
Meets your needs all the time
Usually meets your needs
Sometimes meets your needs
Hardly ever meets your needs?

H9. DISABILITY

	re you able to get around in the house?
	SAIDS OR APPLIANCES BUT ALSO NEEDS SOMEONE TO HELP THEM, CODE AS "I AM UNABLE THIS MYSELF, I NEED SOMEONE ELSE'S HELP"
1000	I have no difficulty doing this by myself
	I have some difficulty doing this by myself
	I can only do this by myself if I use an aid or appliance
	I am unable to do this by myself, I need someone else's help
	O Don't know
	Not applicable
	Refused to answer
	Not asked
IFUSE:	O Are you able to go up and down stairs/steps? (At least 12) SAIDS OR APPLIANCES BUT ALSO NEEDS SOMEONE TO HELP THEM, CODE AS "I AM UNABLE THIS MYSELF, I NEED SOMEONE ELSE'S HELP"
	I have no difficulty doing this by myself
	I have some difficulty doing this by myself
	I can only do this by myself if I use an aid or appliance
	I am unable to do this by myself, I need someone else's help
	O Don't know
	Not applicable
	Refused to answer
	Not asked
IFUSE:	Are you able to walk at least 400 yards? SAIDSOR APPLIANCES BUT ALSO NEEDS SOMEONE TO HELP THEM, CODE AS "I AM UNABLE THIS MYSELF, I NEED SOMEONE ELSE'S HELP"
	I have no difficulty doing this by myself
	I have some difficulty doing this by myself

I can only do this by myself if I use an aid or applianceI am unable to do this by myself, I need someone else's help

12 Are you able to dress and undress yourself?

IF USES AIDS OR APPLIANCES BUT ALSO NEEDS SOMEONE TO HELP THEM, CODE AS "I AM UNABLE TO DOTHIS MYSELF, I NEED SOMEONE ELSE'S HELP"

© 1	have no difficulty doing this by myself SKIP H9.13(8) H9.14(98) H9.15(8) H9.16(98) H9.17(8)
(i)	have some difficulty doing this by myself
(in)	can only do this by myself if I use an aid or appliance
(i)	am unable to do this by myself, I need someone else's help SKIP H9.13(8)
	Don't know
	Not applicable
	Refused to answer
	Not asked
13 Does	anyone help you to dress/undress?
(i)	Yes
© 1	No SKIP H9.14(98) H9.15(8) H9.16(98) H9.17(8)
	Don't know
	Not applicable
	Refused to answer
	Not asked
14 Who	o usually helps you?
(CODE 1 ONL	Y)
(in the second s	Spouse/Partner
(in)	Children
	Other relatives
_	Friend or neighbour
_	Home help/Home care provided by Social Services
	Home help/Home care provided by a voluntary agency
(i)	Home help/Home care (private)
	Care worker (in residential/nursing home)
0	Community nurse
	Private Nurse
(C)	Other (specify)
	Don't know
	Not applicable
	Refused to answer
	Not asked

15 Do	they help:
	Several times a day
	Once a day
	Most days
	Less often?
	Don't know
	Not applicable
	Refused to answer
	Not asked
16 I	Does any one else help you?
	No, no-one else helps
	Spouse/Partner
	Children
	Other relatives
	Friend or neighbour
	Home help/Home care provided by Social Services
	Home help/Home care provided by a voluntary agency
	☐ Home help/Home care (private)
	Care worker (in residential/nursing home)
	Community nurse
	Private Nurse
	Other (specify)
	Don't know
	Not applicable
	Refused to answer
	Not asked
17 Wo	ould you say the help you get to dress/undress:
	Meets your needs all the time
	Usually meets your needs
	Sometimes meets your needs
	Hardly ever meets your needs?
	O Don't know
	Not applicable
	Refused to answer
	Not asked

H18. DISABILITY

Not applicableRefused to answer

_	e to wash your face and hands?
	PLIANCES BUT ALSO NEEDS SOMEONE TO HELP THEM, CODE AS "I AM UNABLE
	, I NEED SOMEONE ELSE'S HELP"
	difficulty doing this by myself
	ne difficulty doing this by myself
•	do this by myself if I use an aid or appliance
U i am unab	le to do this by myself, I need someone else's help
Don't kno	N
Not applic	able
Refused t	o answer
Not asked	1
IFUSES AIDS OR APF TO DO THIS MYSELF I have no I have sor I can only I am unab	
Not applic	able
Refused t	o answer
Not asked	1
20 Does anvon	e help you to wash and dry your whole body?
© Yes	
	H18.21(98) H18.22(8) H18.23(98) H18.24(8)
Don't kno	w

21 Who usually helps you? (CODE 1 ONLY) Spouse/Partner Children Other relatives Friend or neighbour Home help/Home care provided by Social Services Home help/Home care provided by a voluntary agency Home help/Home care (private) Care worker (in residential/nursing home) Community nurse Private Nurse Other (specify) Don't know Not applicable Refused to answer Not asked 22 Do they help: Several times a day Once a day Most days Less often? Don't know Not applicable Refused to answer

23 Does any one else help you?
(CODE UP TO 3)
No, no-one else helps
Spouse/Partner
Children
Other relatives
Friend or neighbour
Home help/Home care provided by Social Services
Home help/Home care provided by a voluntary agency
Home help/Home care (private)
Care worker (in residential/nursing home)
Community nurse
Private Nurse
Other (specify)
Don't know
Not applicable
Refused to answer
Not asked
24 Would you say the help you get with washing yourself:
Meets your needs all the time
Usually meets your needs
Sometimes meets your needs
Hardly ever meets your needs?
Don't know
Not applicable
Refused to answer
Not asked

H25. DISABILITY

Don't knowNot applicableRefused to answer

25 Are you able to cut your own toenails? FUSES AIDS OR APPLIANCES BUT ALSO NEEDS SOMEONE TO HELP THEM, CODE AS "I AM UNABLE TO DOTHIS MYSELF, I NEED SOMEONE ELSE'S HELP"
I have no difficulty doing this by myself
I have some difficulty doing this by myself
I can only do this by myself if I use an aid or appliance
I am unable to do this by myself, I need someone else's help
Don't know
Not applicable
Refused to answer
Not asked
26 Are you able to feed yourself (including cutting up food)? FUSES AIDS OR APPLIANCES BUT ALSO NEEDS SOMEONE TO HELP THEM, CODE AS "I AM UNABLE TO DOTHIS MYSELF, I NEED SOMEONE ELSE'S HELP"
I have no difficulty doing this by myself
I have some difficulty doing this by myself
I can only do this by myself if I use an aid or appliance
I am unable to do this by myself, I need someone else's help
Don't know
Not applicable
Refused to answer
Not asked
27 Are you able to prepare and cook a hot meal? FUSES AIDS OR APPLIANCES BUT ALSO NEEDS SOMEONE TO HELP THEM, CODE AS "I AM UNABLE TO DOTHIS MYSELF, I NEED SOMEONE ELSE'S HELP"
I have no difficulty doing this by myself SKIP H25.28(8) H25.29(98) H25.30(8) H25.31(98) H25.32(8)
I have some difficulty doing this by myself
I can only do this by myself if I use an aid or appliance
I am unable to do this by myself, I need someone else's help SKIP H25.28(8)

28 Does anyone help you to prepare and cook hot meals	?
O Yes	
No SKIP H25.29(98) H25.30(8) H25.31(98) H25.32(8))
Don't know	
Not applicable	
Refused to answer	
Not asked	
29 Who usually helps you? (CODE 1 ONLY)	
Spouse/Partner	
Children	
Other relatives	
Friend or neighbour	
Home help/Home care provided by Social Services	
Home help/Home care provided by a voluntary agency	
Home help/Home care (private)	
Care worker (in residential/nursing home)	
Other (specify)	
Meals provision service (e.g. Meals on wheels)	
Don't know	
Not applicable	
Refused to answer	
Not asked	
30 Do they help:	
Several times a day	
Once a day	
Most days	
Less often?	
Don't know	
Not applicable	
Refused to answer	
Not asked	

31 Does any one else help you?
(CODE UP TO 3)
No, no-one else helps
Spouse/Partner
Children
Other relatives
Friend or neighbour
Home help/Home care provided by Social Services
Home help/Home care provided by a voluntary agency
Home help/Home care (private)
Care worker (in residential/nursing home)
Other (specify)
Meals provision service (e.g. Meals on wheels)
Don't know
Not applicable
Refused to answer
Not asked
32 Would you say the help you get to prepare hot meals:
Meets your needs all the time
Usually meets your needs
Sometimes meets your needs
Hardly ever meets your needs?
O Don't know
Not applicable
Refused to answer
Not asked

H33. DISABILITY

FUSESAI	you able to do your shopping for groceries? (including getting your shopping home) DS OR APPLIANCES BUT ALSO NEEDS SOMEONE TO HELP THEM, CODE AS "I AM UNABLE SMYSELF, I NEED SOMEONE ELSE'S HELP"
0	I have no difficulty doing this by myself SKIP H33.34(8) H33.35(98) H33.36(8) H33.37(98)
	H33.38(8)
0	I have some difficulty doing this by myself
0	I can only do this by myself if I use an aid or appliance
0	I am unable to do this by myself, I need someone else's help SKIP H33.34(8)
0	Don't know
0	Not applicable
0	Refused to answer
0	Not asked
34 Does	s anyone help you to shop for groceries (including getting your shopping home)?
0	Yes
	No SKIP H33.35(98) H33.36(8) H33.37(98) H33.38(8)
0	Don't know
0	Not applicable
0	Refused to answer
	Not asked
35 W	ho usually helps you?
CODE 1 OI	
0	Spouse/Partner
0	Children
0	Other relatives
0	Friend or neighbour
0	Home help/Home care provided by Social Services
	Home help/Home care provided by a voluntary agency
0	Home help/Home care (private)
0	Care worker (in residential/nursing home)
	Other (specify)
0	Shop delivery service (including internet shopping)
0	Taxi service
	Don't know
0	Not applicable
0	Refused to answer

36 Do they help:	
Several times a day	
Once a day	
Most days	
Less often?	
O Don't know	
Not applicable	
Refused to answer	
Not asked	
37 Does any one else help you? (CODE UP TO 3)	
No, no-one else helps	
Spouse/Partner	
Children	
Other relatives	
Friend or neighbour	
Home help/Home care provided by Social	
Home help/Home care provided by a volu	ntary agency
Home help/Home care (private)	
Care worker (in residential/nursing home)	
Other (specify)	
Shop delivery service (including internet s	hopping)
Taxi service	
Don't know	
Not applicable	
Refused to answer	
Not asked	
38 Would you say the help you get with sho	pping:
Meets your needs all the time	
Usually meets your needs	
Sometimes meets your needs	
Hardly ever meets your needs?	
O Don't know	
Not applicable	
Refused to answer	
Not asked	

H39. DISABILITY

•	able to do light housework? (e.g. dusting and tidying up) OR APPLIANCES BUT ALSO NEEDS SOMEONE TO HELP THEM, CODE AS "I AMUNABLE
	SELF, I NEED SOMEONE ELSE'S HELP"
	ave no difficulty doing this by myself
	ave some difficulty doing this by myself
	an only do this by myself if I use an aid or appliance
◎ I ar	m unable to do this by myself, I need someone else's help
Do.	n't know
○ No	t applicable
© Re	fused to answer
O No	t asked
40 Are you	able to do heavy housework (e.g. mopping, vacuuming)?
IFUSES AIDS C	OR APPLIANCES BUT ALSO NEEDS SOMEONE TO HELP THEM, CODE AS "I AM UNABLE 'SELF, I NEED SOMEONE ELSE'S HELP"
	ave no difficulty doing this by myself SKIP H39.41(8) H39.42(98) H39.43(8) H39.44(98) 9.45(8)
O I ha	ave some difficulty doing this by myself
O I ca	an only do this by myself if I use an aid or appliance
◎ I ar	m unable to do this by myself, I need someone else's help SKIP H39.41(8)
O Do	n't know
O No	t applicable
Re	fused to answer
O No	t asked
41 Does an	yone help you to do your housework (light or heavy duties)?
Yes	S
O No	SKIP H39.42(98) H39.43(8) H39.44(98) H39.45(8)
Do.	n't know
O No	t applicable
O Re	fused to answer
O No	t asked

42 Who usually helps you? (CODE 1 ONLY)	
Spouse/Partner	
Children	
Other relatives	
Friend or neighbour	
Home help/Home care provided by Social Services	
Home help/Home care provided by a voluntary agency	
Home help/Home care (private)	
Care worker (in residential/nursing home)	
Other (specify) Don't know	
Not applicable	
Refused to answer	
Not asked	
43 Do they help:	
Several times a day	
Once a day	
Most days	
Less often?	
Don't know	
Not applicable	
Refused to answer	
Not asked	
44 Does any one else help you? (CODE UPTO 3)	
No, no-one else helps	
Spouse/Partner	
Children	
Other relatives	
Friend or neighbourHome help/Home care provided by Social Services	
Home help/Home care provided by a voluntary agency	
Home help/Home care (private)	
Care worker (in residential/nursing home)	
Other (specify)	
Don't know	
Not applicable	
Refused to answer	
Not asked	

45 Would you say the help you get with housework:

- Meets your needs all the time
- Usually meets your needs
- Sometimes meets your needs
- Hardly ever meets your needs?
- Don't know
- Not applicable
- Refused to answer
- Not asked

H46. DISABILITY

46 Are you able to take your medication?

IFUSES AIDS OR APPLIANCES BUTALSO NEEDS SOMEONE TO HELP THEM, CODE AS "I AM UNABLE
TO DO THIS MYSELF, I NEED SOMEONE ELSE'S HELP"

0	I have no difficulty doing this by myself SKIP H46.48(8) H46.49(98) H46.50(8) H46.51(98) H46.52(8)
0	I have some difficulty doing this by myself
0	I can only do this by myself if I use an aid or appliance
0	I am unable to do this by myself, I need someone else's help SKIP H46.48(8)
0	Don't know
0	Not applicable
0	Refused to answer
0	Not asked
47 Do y	ou use a pill organising box? (e.g. dossett box)
0	Yes
0) No
0	Don't know
0	Not applicable
0	Refused to answer
0	Not asked
48 Does	s anyone help you with your medication?
0	Yes
0	No SKIP H46.49(98) H46.50(8) H46.51(98) H46.52(8)
0	Don't know
0	Not applicable
	Refused to answer
0	Not asked

49 Who usually helps you? (CODE 1 ONLY) Spouse/Partner Children Other relatives Friend or neighbour Home help/Home care provided by Social Services Home help/Home care provided by a voluntary agency Home help/Home care (private) Care worker (in residential/nursing home) Community nurse Private Nurse Pharmacy Other (specify) Don't know Not applicable Refused to answer Not asked 50 Do they help: Several times a day Once a day Most days Less often? Don't know Not applicable

Refused to answer

51 Does any one else help you? (CODE UP TO 3)			
No, no-one else helps			
Spouse/Partner			
Children			
Other relatives			
Friend or neighbour			
☐ Home help/Home care provided by Social Services			
Home help/Home care provided by a voluntary agency			
Home help/Home care (private)			
Care worker (in residential/nursing home)			
Community nurse			
Private Nurse			
Pharmacy			
Other (specify)			
Don't know			
Not applicable			
Refused to answer			
Not asked			
52 Would you say the help you get with managing your medication:			
Meets your needs all the time			
Usually meets your needs			
Sometimes meets your needs			
Hardly ever meets your needs?			
O Don't know			
Not applicable			
Refused to answer			
Not asked			

H53. DISABILITY

53 Are you able to manage money such as paying bills and keeping track of expenses? IFUSES AIDS OR APPLIANCES BUT ALSO NEEDS SOMEONE TO HELP THEM, CODE AS "I AM UNABLE TO DOTHIS MYSELF, I NEED SOMEONE ELSE'S HELP"	_E
I have no difficulty doing this by myself SKIP H53.54(8) H53.55(98) H53.56(8) H53.57(98) H53.58(8)	
I have some difficulty doing this by myself	
I can only do this by myself if I use an aid or appliance	
I am unable to do this by myself, I need someone else's help SKIP H53.54(8)	
O Don't know	
Not applicable	
Refused to answer	
Not asked	
54 Does anyone help you to manage money?	
O Yes	
No SKIP H53.55(98) H53.56(8) H53.57(98) H53.58(8)	
O Don't know	
Not applicable	
Refused to answer	
Not asked	
55 Who usually helps you?	
(CODE 1 ONLY)	
Spouse/Partner	
Children	
Other relatives	
Friend or neighbour	
Home help/Home care provided by Social Services	
Home help/Home care provided by a voluntary agency	
Home help/Home care (private)	
Care worker (in residential/nursing home)	
Solicitor	
Other (specify)	
O Don't know	
Not applicable	
Refused to answer	
Not asked	

56 Do they help:	
Several times a day	
Once a day	
Most days	
Less often?	
Don't know	
Not applicable	
Refused to answer	
Not asked	
57 Does any one else help you? (CODE UP TO 3)	
No, no-one else helps	
Spouse/Partner	
Children	
Other relatives	
Friend or neighbour	
Home help/Home care provided by Social Serv	ices
Home help/Home care provided by a voluntary	
Home help/Home care (private) Care worker (in residential/nursing home) Solicitor Other (specify) Don't know Not applicable Refused to answer Not asked	
58 Would you say the help you get to manage me	oney:
Meets your needs all the time	
Usually meets your needs	
Sometimes meets your needs	
Hardly ever meets your needs?	
O Don't know	
Not applicable	
Refused to answer	
Not asked	

H59. DISABILITY

59 Do you have any other particular needs for which either you don't receive any help or the help you receive is not enough. You don't need to include things you've already told me about.

CODE ALL THAT APPLY
No other needs
☐ Shaving
Decorating
Gardening
Hanging curtains
DIY
Transport
Window cleaning
Other (specify)
Don't know
☐ Not applicable
Refused to answer
■ Not asked
60 Disability section answered by
Participant alone SKIP H59.61(8)
Informant/consultee alone SKIP H59.61(8)
Participant and informant/consultee
Not applicable
Item not completed
61 If participant and informant/consultee
Mainly participant
Mainly informant/consultee
Equal contribution
Not applicable
Item not completed
62 Was this section omitted?
Yes SKIP H1.1(8) H1.2(8) H1.3(8) H1.4(8) H1.5(98) H1.6(8) H1.7(98) H1.8(8) H9.9(8) H9.10(8) H9.11(8) H9.12(8) H9.13(8) H9.14(98) H9.15(8) H9.16(98) H9.17(8) H18.18(8) H18.19(8) H18.20(8) H18.21(98) H18.22(8) H18.23(98) H18.24(8) H25.25(8) H25.26(8) H25.27(8) H25.28(8) H25.29 (98) H25.30(8) H25.31(98) H25.32(8) H33.33(8) H33.34(8) H33.35(98) H33.36(8) H33.37(98) H33.38(8) H39.39(8) H39.40(8) H39.41(8) H39.42(98) H39.43(8) H39.44(98) H39.45(8) H46.46 (8) H46.47(8) H46.48(8) H46.49(98) H46.50(8) H46.51(98) H46.52(8) H53.53(8) H53.54(8) H53.55(98) H53.56(8) H53.57(98) H53.58(8) H59.59(98) H59.60(8) H59.61(8)
No SKIP H59.63(98) H59.64(8)
Item not completed

 Interviewer decision - Participant frailty/fatigue SKIP H59.64(8) Interviewer decision - Participant distress SKIP H59.64(8) Interviewer decision - Participant unwell SKIP H59.64(8) Interviewer decision - Participant too busy SKIP H59.64(8) 				
Interviewer decision - Concern re interviewer safety SKIP H	59.64(8)			
Interviewer error SKIP H59.64(8)				
Participant refused Relative/carer refused				
	CKID LIEO CA(O)			
Other reason (specify)	SKIP H59.64(8)			
Not applicable				
Item not completed				
64 Why did they refuse?				
No reason given				
Distress/anxiety				
O Unwell				
Fatigue				
Other reason (specify)				
Not applicable				
Item not completed				

Newcastle 85+ Study phase 5 questionnaire v1.0 19/07/16

I JOINTS

Not possible with a proxy

1.	During the last month, have you had any pain in your joints?
	O Yes
	O No
	O Don't know
	Refused to answer
	Not asked
2.	Have you had this joint pain on most days during the last month?
	O Yes
	O No
	O Don't know
	Not applicable
	Refused to answer
	Not asked
3.	Which joint or joints have been painful?
0	left hip
	right hip
	left knee
	right knee
	left ankle
	right ankle
	left foot
	right foot
	left hand
	right hand
	left wrist
	right wrist
	left elbow
	right elbow
0	left shoulder
0	right shoulder
0	neck
0	lower back
0	other don't know
<!--</th--><th>Not applicable</th>	Not applicable
0	Refused to answer
0	Not asked
4.	On a scale of 0 to 10, where 0 is no pain and 10 is the worst pain imaginable, where
	would you rate your worst joint pain? Show pain scale chart – Min 0, Max 10

5. Which joint was this? Code only one joint				
0	left hip			
	right hip			
	left knee			
	right knee			
	left ankle			
	right ankle			
	left foot			
	right foot			
	left hand			
	right hand			
	left wrist			
	right wrist			
	left elbow			
	right elbow			
	left shoulder			
	right shoulder			
	neck			
	lower back			
	other			
	• •			
	Not asked			
6.	Do you require help to walk?			
0	Walk unaided			
<!--</th--><th>Walk with a stick Walk with a frame</th>	Walk with a stick Walk with a frame			
0	Walk with a wheeled walker			
7.				
0	Manual wheelchair			
0	Electric Wheelchair			
	Mobility scooter			

8 Was this section omitted?

Item not completed

Yes
No

9 Why was it omitted?
 Participant frailty/fatigue
 Participant distress
 Participant busy
 Proxy only interview – section not possible by proxy
 Proxy only interview – proxy did not know
 Concern re interviewer safety
 Interviewer error

Other reason (specify)

Not applicableItem not completed

J. SOCIAL PARTICIPATION AND SOCIAL SUPPORT

POSSIBLE WITH AN INFORMANT except 3, 4, 5, 8, 9

Now I would like to ask about social activities you may have been involved in during the past 4 weeks. I will read out a list of activities and for each of them I will ask if you've done them and if so, how often.

There is a choice of answers shown on this card (SHOW PROMPT CARD J1 AND READ OUT) and they are:

- 1. Every day
- 2. Every week
- 3. Once
- 4. Not at all

Please listen carefully to each question and then indicate the response which most closely matches your own situation.

1 During the last 4 weeks, how often have you.....

Select the response which is closest to the respondent's behavior

	Every day	Every week	Once	Not at all	Don't know	Not applicable	Refused to answer	Not asked
Done any voluntary work?	[©] 1	[©] 2	₃	[©] 4	[©] 7	© ₈	© 9	[©] 10
Helped other people (with anything other than voluntary work)	© ₁	© ₂	3	© ₄	[©] 7	© ₈	© 9	© ₁₀
Taken care of pets?	0	©2	[©] 3	[©] 4	[©] 7	[©] 8	© 9	[©] 10
Taken care of plants?	0	© ₂	© ₃	6 4	© ₇	©8	©9	[©] 10
Listened to the radio?	0	[©] 2	[©] 3	[©] 4	[©] 7	© ₈	©9	[©] 10
Watched television?	©	© ₂	[©] 3	[©] 4	[©] 7	[©] 8	© 9	[©] 10
Read newspapers, magazines or books?	[©] 1	© ₂	3	[©] 4	© ₇	© ₈	© ₉	[©] 10
Spent time on a hobby?	© ₁	© ₂	[©] 3	[©] 4	©7	© ₈	© ₉	[©] 10
Walked (or taken other exercise) for your own enjoyment?	© ₁	© ₂	<u>3</u>	[©] 4	~7	8	9	10
Driven a car for your own enjoyment?	[©] 1	[©] 2	[©] 3	[©] 4	[©] 7	®	∞ 9	[©] 10
Done any DIY around the house or garden?	[©] 1	© ₂	⊚3	[©] 4	◎7	[©] 8	© ₉	[©] 10
Played card or board games?	© ₁	© ₂	3	[©] 4	© 7	[©] 8	[©] 9	[©] 10
Played bingo?	© ₁	[©] 2	[©] 3	[©] 4	[©] 7	◎8	[©] 9	[©] 10
Been on the phone to any of your relatives or friends?	[©] 1	2	3	~ 4	◎7	®8	9	[©] 10
Visited, or been visited by, any of your relatives or friends?	[©] 1	© ₂	[©] 3	[©] 4	[©] 7	8	© ₉	[©] 10
Been in email contact with any of your relatives or friends?	[©] 1	© ₂	3	[©] 4	◎7	© ₈	9	[©] 10
Taken part in any church activities?	[©] 1	[©] 2	3	[©] 4	[©] 7	®	9	[©] 10
Taken part in any club activities?	[©] 1	[©] 2	3	~ 4	[©] 7	®8	9	[©] 10
Visited a restaurant, theatre, cinema, art gallery or museum?	[©] 1	© ₂	[©] 3	[©] 4	[©] 7	8	© 9	[©] 10
Rested in bed during the day?	[©] 1	[©] 2	[©] 3	[©] 4	[©] 7	8	© ₉	[©] 10
Rested in a chair during the day?	©1	© ₂	⊚3	[©] 4	◎7	⊚8	© ₉	[©] 10
Used the internet?	© 1	[©] 2	3	[©] 4	[©] 7	8	[©] 9	10

2 Do y	ou currently drive
0	Yes
0	No
	Don't know
0	Not applicable
0	Refused to answer
•	Not asked
	nuch time do you spend by yourself? Are you:
0	Always alone
0	Often alone
0	Seldom alone
	Never alone
0	Interviewer omitted - participant not present - not possible with an informant
•	Interviewer omitted-participant too cognitively impaired to give reliable answer-not possible with informant
	Don't know
0	Not applicable
0	Refused to answer
•	Not asked
	ould you say that you: with informant
0	Always feel lonely
0	Often feel lonely
	Sometimes feel lonely
0	Sometimes feel lonely
0	Never feel lonely
0	Interviewer omitted - participant not present - not possible with informant
•	Interviewer omitted-participant too cognitively impaired to give reliable answer-not possible with informant
0	Don't know
0	Not applicable
0	Refused to answer
	Not asked

5 Compared with v Not possible with inform	when we last saw you (e.g. in June last year) would you say that you were:
Less lonely	now
More lonely	now
About the sa	ame?
Interviewer	omitted - participant not present - not possible with an informant
Interviewer informant	omitted-participant too cognitively impaired to give reliable answer-not possible with
Don't know	
Not applical	ole .
Refused to	answer

6 II	you needed a lift to be somewhere urgently, could you ask anyone for help?
	© Yes
	O No
	Don't know
	Not applicable
	Refused to answer
	Not asked
7 II	you were ill in bed and needed help at home, could you ask anyone for help?
	© Yes
	◎ No
	O Don't know
	Not applicable
	Refused to answer
	Not asked
Ω 14	you had a serious personal crisis, how many people, if any, do you feel you could turn to
	comfort and support?
-	ssible with informant
IF INF	DRMANT ONLY INTERVIEW ENTER 88 FOR J8
	Min: 00 Max: 20 Don't know: 97 Refused to answer: 99 Not asked: 90
	ow many of these people live within a 15-20 min walk or 5-10 min drive, if any?
	ssible with informant 00, PLEASE ENTER 98 FOR J9
	DRMANT ONLY INTERVIEW ENTER 88 FOR J9
	Min: 00 Max: 20 Don't know: 97 Refused to answer: 99 Not asked:
	90
10	Social participation and social support section answered by
	Participant alone SKIP J.11(8)
	Informant/consultee alone SKIP J.11(8)
	Participant and informant/consultee
	Not applicable
	Item not completed
11	If participant and informant/consultee
	Mainly participant
	Mainly informant/consultee
	Equal contribution
	Not applicable
	ltem not completed

12 Was this section omitted?	
Yes SKIP J.1_01(8) J.1_02(8) J.1_03(8) J.1_04(8) J.1_09(8) J.1_10(8) J.1_11(8) J.1_12(8) J.1_13(8) (8) J.1_19(8) J.1_20(8) J.1_21(8) J.2(8) J.3(8) J) J.1_14(8) J.1_15(8) J.1_16(8) J.1_17(8) J.1_18
No SKIP J.13(98) J.14(8)	
Item not completed	
13 Why was it omitted?	
Interviewer decision - Participant frailty/fatigue SKIP	J.14(8)
Interviewer decision - Participant distress SKIP J.14	4(8)
Interviewer decision - Participant unwell SKIP J.14(8)	•
Interviewer decision - Participant too busy SKIP J.1.	
Interviewer decision - Concern re interviewer safety	SKIP J.14(8)
Interviewer error SKIP J.14(8)	
Participant refused	
Relative/carer refused	
Other reason (specify)	SKIP J.14(8)
Not applicable	
Item not completed	
14 Why did they refuse?	
No reason given	
Distress/anxiety	
Unwell	
Fatigue	
Other reason (specify)	
Not applicable	
Item not completed	

K. PHYSICAL ACTIVITY

POSSIBLE WITH AN INFORMANT

Now I would like to ask you about the type and amount of physical activity involved in your daily life. This includes not only sporting activities but also things such as gardening, housework, DIY and walking.

For each activity there is a choice of answers which are written on this card. (SHOW PROMPT CARD K)

The choice is:

1.	Three	or	more	times	per	wee	k
----	-------	----	------	-------	-----	-----	---

- 2. Once or twice a week
- 3.
- 4.

Once, twice or three times a month
Hardly ever or never ten can be then indicate the response closest to your own situation.
,,,
1 How often do you take part in activities which are VERY energetic e.g. swimming, cycling, running or heavy gardening (digging with a spade, mowing the lawn (manual))?
3 or more times a week
Once or twice a week
Once, twice or three times a month
Hardly ever or never
O Don't know
Not applicable
Refused to answer
Not asked
2 How often do you take part in activities which are MODERATELY energetic e.g. moderate gardening (raking, hoeing, mowing lawn (electric)), cleaning the car, heavy housework (cleaning windows, scrubbing floors), walking at a moderate pace, dancing, floor or stretching exercises?
3 or more times a week
Once or twice a week
Once, twice or three times a month
Hardly ever or never
Opn't know
Not applicable
Refused to answer
Not asked
3 How often do you take part in activities which are MILDLY energetic e.g. light gardening (weeding, pruning), bowls, light housework (vacuuming, washing clothes by hand, mopping floors, ironing, making beds), DIY?
3 or more times a week
Once or twice a week
Once, twice or three times a month
Hardly ever or never
Don't know
Not applicable
Refused to answer
Not asked

4 In the last question I asked about physical activities that you do for at least several minutes at a time. Now I would like to ask you about any activities that cause you to use a lot of effort for a short period of time – for example lifting heavy loads or walking upstairs. How often do you do the following activities?

	Several times a day	Daily	Once or several times a week	Occasion ally	Never	Don't know	Not applicable	Refused to answer	Not asked
Climbing stairs/steps (each of average height)	1	[©] 2	◎3	∞4	[©] 5	[∞] 7	8	© 9	[©] 10
Climbing stairs /steps (each stair very high)	[©] 1	© ₂	© ₃	[©] 4	[©] 5	◎7	®	09	[©] 10
Pushing/ dragging loads (such as a heavy suitcase without wheels)	1	∞2	©3	[©] 4	[©] 5	[©] 7	€8	0 9	[©] 10
Carrying heavy loads with your hands (such as a heavy suitcase)	[©] 1	∞ 2	3	∞4	[©] 5	∞ 7	∞8	© 9	[©] 10
Lifting/moving heavy loads above shoulder height (such as putting a heavy box of groceries on a high shelf)	© 1	©2	3	[©] 4	[©] 5	[©] 7	© ₈	9	◎10
Using hands in strong movements (such as opening a jar)	1	2	◎3	∞4	[©] 5	◎7	8	⊚9	[©] 10

	Dhyoical	a a tivitu	cootion	answered	h
Э.	PIIVSICAL	activity	Section	answered	DV

	Participant	alone	SKIP	K.6(8)
--	-------------	-------	------	--------

Informant/consultee alone SKIP K.6(8)

Participant and informant/consultee

Not applicable

Item not completed

6. If participant and informant/consultee	
Mainly participant	
Mainly informant/consultee	
Equal contribution	
Not applicable Item not completed	
7. Was this section omitted?	
Yes SKIP K.1(8) K.2(8) K.3(8) K.4_1(8) K.4_2(8) K.4	4 3(8) K.4 4(8) K.4 5(8) K.4 6(8) K.5(8) K.6(8)
○ No SKIP K.8(98) K.9(8)	
ltem not completed	
8. Why was it omitted?	
Interviewer decision - Participant frailty/fatigue SKIP K	C.9(8)
Interviewer decision - Participant distress SKIP K.9(8)	
Interviewer decision - Participant unwell SKIP K.9(8)	
Interviewer decision - Participant too busy SKIP K.9(8	3)
Interviewer decision - Concern re interviewer safety S	KIP K.9(8)
Interviewer error SKIP K.9(8)	
Participant refused	
Relative/carer refused	
Other reason (specify)	SKIP K.9(8)
Not applicable	
ltem not completed	
9. Why did they refuse?	
No reason given	
Distress/anxiety	
O Unwell	
Fatigue	
Other reason (specify)	
Not applicable	
Item not completed	

L. FINANCES

POSSIBLE WITH A PROXY

Now I would like to check about the sources of income you have; I will not be asking about the amount of income you have, just whether you have income from some particular sources. Remember that any information you give us will be treated in strictest confidence.

1 Do you have income from any of the following sources:

Show prompt L1, list of welfare benefits

	Yes No Don't know N		Not applicable	Refused to answer	Not asked	
State retirement pension	1	<u>0</u> 2	7	© 8	© 9	10
Other welfare benefits	<u></u> 1	<u>0</u> 2		© 8	© 9	10
Occupational pension	1	<u>0</u> 2	7	8	© 9	10
Private pension	1	<u>0</u> 2	7	© 8	© 9	10
Savings and investments	1	<u>0</u> 2	7	8	© 9	10

2 Does your Husband/Wife have income from any of the following sources:

Show prompt L1, list of welfare benefits

Yes No		No Don't know Not applicable		Not applicable	Refused to answer	Not asked	
State retirement pension	1	<u>0</u> 2	7	8	6 9	10	
Other welfare benefits	1	<u>0</u> 2	7	8	© 9	10	
Occupational pension	1	<u>0</u> 2	7	8	© 9	10	
Private pension	1	<u>0</u> 2	7	© 8	© 9	10	
Savings and investments	1	<u>0</u> 2	7	8	© 9	10	

Adequate	-
Difficult to manage	
Don't know	
Not applicable	
Refused to answer	
Not asked	

Participant alone SKIP L.5(8)	
Informant/consultee alone SKIP I	∟.5

(8)

Participant and informant/consultee

Not applicable

Item not completed

5 If participant and informant/consultee was the	his
Mainly participantMainly informant/consulteeEqual contribution	
Not applicable	
Item not completed	
6 Was this section omitted?	
L.2_5(8) L.3(8) L.4(8) L.5(8)	4(8) L.1_5(8) L.2_1(8) L.2_2(8) L.2_3(8) L.2_4(8)
No SKIP L.7(98) L.8(8)	
Item not completed	
7 Why was it omitted?	
	CIVID L Q(Q)
Interviewer decision - participants frailty/fatig	•
 Interviewer decision - participant distress Sh Interviewer decision - participant unwell SKI 	·
 Interviewer decision - participant too busy S 	• •
 Interviewer decision - concern re interviewe 	
☐ Interviewer error SKIP L.8(8)	Todatoty Criti Lio(o)
Participant refused	
Relative/carer refused	
Other reason (specify)	SKIP L.8(8)
Not applicable	
Item not completed	
8 Why did they refuse?	
No reason given	
Distress/anxiety	
O Unwell	
Fatigue	
Other reason (specify)	
Not applicable	
Item not completed	

M. FORMAL CARE

POSSIBLE WITH AN INFORMANT

Now I would like to ask about whether you have used various health and social services recently. Firstly I would like to find out about any contact you personally have had with a range of services during the last 4 weeks.

IDENTIFY THE RELEVANT 4 WEEKS BY REFERENCE TO THE DATE 4 WEEKS PREVIOUSLY. For each service there is a choice of answers which are written on this card and they are: (SHOW PROMPT CARD M1 AND READ OUT RESPONSES).

- 1. Several times day
- Once a day
 One or more times a week
 Less than once a week
- 5. No contact

Listen to the choice of answers then indicate the one which most closely matches your situation.

1 In the last 4 weeks have you seen or had a visit from, or to, any of the following services and if so, how often?

ONLY ASK LINE 1 IF PARTICIPANT LIVES IN ACCOMMODATION WITH A WARDEN.

OMIT LINES 1-5 IF PARTICIPANT LIVES IN A CARE HOME OR LONG STAY HOSPITAL.

	Several times a day	Once a day	One or more times a week	Less than once a week	No contact	Don't know	Not applicable	Refused to answer	Not asked
Warden	1	© 2	© 3	4	5	© 7	© 8	9	10
Home care	1	02	3	4	5	7	© 8	9	10
Night attendant/sitter	© 1	© 2	© 3	a 4	© 5	© 7	© 8	© 9	10
Day sitter	© 1	02	© 3	4	© 5	7	© 8	© 9	10
Meals provision	1	02	© 3	4	5	© 7	© 8	9	10
Community nurse	© 1	© 2	3	6 4	© 5	© 7	© 8	© 9	10
Physiotherapist	1	02	© 3	4	5	7	© 8	© 9	10
Occupational therapist	© 1	© 2	© 3	6 4	5	© 7	© 8	© 9	10
Chiropodist	© 1	02	© 3	0 4	5	7	© 8	© 9	10
Speech therapist	© 1	© 2	© 3	6 4	5	© 7	© 8	© 9	10
Dietician	© 1	© 2	© 3	a 4	© 5	© 7	© 8	© 9	10
Social Worker	1	© 2	3	a 4	© 5	7	© 8	© 9	10

2 In the la so, how o from your	ften?	l do not nee	ou seen o	or had a vis about vis	sit from, or its to or fr	r to, ang om a G	y other form P as I will g	nal services et this infor	and if mation
DO NOT ENTE			IY SERVICI	ES COVER	ED IN M1 C	R M3 T	O M17		
							c		
3 In the la	st 4 w	eeks have y	ou attend	ed a:					
	No	Yes, less than once a week	Yes, 1-2 days per week	Yes, 3-4 days per week	Yes, 5 days per week	Don't know	Not applicable	Refused to answer	Not asked
Luncheon club	[©] 2	<u></u> 3	[©] 4	[©] 5	[©] 6	[©] 7	[©] 8	9	[©] 10
Day centre	2	3	© ₄	© ₅	[©] 6	[©] 7	© ₈	© ₉	[©] 10
Y N D N	'es lo Oon't kn lot appl	ow licable I to answer	calendar r	nonths ha	ve you coi	ntacted	NHS 111 at	oout yourse	lf?
Y N E	'es lo Oon't kn lot appl	ow licable I to answer	e calenda	r months h	ave you re	equired	an emerge	ncy ambula	nce?
	ioi aske	, u							

6 During	the last 3 cor	mplete calenda	r months, d	id you attend	Accident and	Emergency	as a
patient?							

Yes

No SKIP M.7_1 M.7_2 M.7_3 M.7_4 M.7_5 M.7_6

Don't know

Not applicable

Refused to answer

Not asked

7 How many times each month did you attend?

Enter number of month in first box, number of times in second

1st month (1-12)	99 Not asked: 90	Min: 01 Max: 12 Don't know: 97 Refused to answer:
No. times in 1st month	99 Not asked: 90	Min: 00 Max: 12 Don't know: 97 Refused to answer:
2nd month (1-12)	99 Not asked: 90	Min: 01 Max: 12 Don't know: 97 Refused to answer:
No. times in 2nd month	99 Not asked: 90	Min: 00 Max: 12 Don't know: 97 Refused to answer:
3rd month (1-12)	99 Not asked: 90	Min: 01 Max: 12 Don't know: 97 Refused to answer:
No. times in 3rd month	99 Not asked: 90	Min: 00 Max: 12 Don't know: 97 Refused to answer:

8 During the last 3 co		nths, did you attend the outpatient department of a
© Yes		
	_1 M.9_2 M.9_3 M.9_4	M.9_5 M.9_6
O Don't know		
Not applicable		
Refused to an	swer	
Not asked		
9 How many times ea	ach month did you att	
1st month (1-12)	99 Not asked: 90	Min: 01 Max: 12 Don't know: 97 Refused to answer:
No. times in 1st month	99 Not asked: 90	Min: 00 Max: 12 Don't know: 97 Refused to answer:
2nd month (1-12)	99 Not asked: 90	Min: 01 Max: 12 Don't know: 97 Refused to answer:
No. times in 2nd month	99 Not asked: 90	Min: 00 Max: 12 Don't know: 97 Refused to answer:
3rd month (1-12)	99 Not asked: 90	Min: 01 Max: 12 Don't know: 97 Refused to answer:
No. times in 3rd month	99 Not asked: 90	Min: 00 Max: 12 Don't know: 97 Refused to answer:
This time I will ask al During the last year,	bout the last year. SP	nt services you may have used. ECIFY THE DATE 1 YEAR PREVIOUSLY spital for treatment as a day patient? (i.e. admitted to
Yes		
No SKIP M.11		
Don't know		
Not applicable		
Refused to an	swer	
Not asked		
11 How many separa		ave you had as a day patient in the last year?
	Min: 01 Max	: 12 Don't know: 97 Refused to answer: 99 Not asked: 90

hospital?
O Yes
No SKIP M.13(8) M.14
Resident in care home / hospital for last 12 months SKIP M.13(8) M.14
Don't know
Not applicable
Refused to answer
Not asked
13 Where was this?
Care home (Residential Home/Nursing home)
Hospital
© Respite care centre
Resource centre
Other (specify)
Don't know
Not applicable
Refused to answer
Not asked
14 On how many days was "short break" /respite care received?
Min: 001 Max: 100 Don't know: 997 Refused to answer: 999 Not
asked: 990
15 During the last year, have you been in hospital as an inpatient, overnight or longer excluding "short break" /respite care?
O Yes
No SKIP M.16 M.17_01 M.17_02 M.17_03 M.17_04 M.17_05 M.17_06 M.17_07 M.17_08 M.17_09 M.17_10
Don't know
Not applicable
Refused to answer
Not asked
16 How many separate stays have you had in hospital as an inpatient over the last year?
Min: 01 Max: 10 Don't know: 97 Refused to answer: 99 Not asked: 90
IVIIII. UT IVIAX. TO DOITT KITOW. 97 RETUSED TO ATISWET. 99 NOT ASKED. 90

17 How many nights altogether were you in hospital on each occasion?

1st stay no.		Min: 001 Max: 100 Don't know: 997 Refused to answer:
nights	999 Not asked: 990	
2nd stay no. nights		Min: 000 Max: 100 Don't know: 997 Refused to answer:
	999 Not asked: 990	
3rd stay no. nights		Min: 000 Max: 100 Don't know: 997 Refused to answer:
	999 Not asked: 990	
4th stay no.		Min: 000 Max: 100 Don't know: 997 Refused to answer:
nights	999 Not asked: 990	
5th stay no. nights		Min: 000 Max: 100 Don't know: 997 Refused to answer:
	999 Not asked: 990	
6th stay no.		Min: 000 Max: 100 Don't know: 997 Refused to answer:
nights	999 Not asked: 990	
7th stay no. nights		Min: 000 Max: 100 Don't know: 997 Refused to answer:
	999 Not asked: 990	
8th stay no. nights		Min: 000 Max: 100 Don't know: 997 Refused to answer:
	999 Not asked: 990	
9th stay no. nights		Min: 000 Max: 100 Don't know: 997 Refused to answer:
	999 Not asked: 990	
10th stay no.		Min: 000 Max: 100 Don't know: 997 Refused to answer:
nights	999 Not asked: 990	

18 Formal care section answered by

- Participant alone SKIP M.19(8)
- Informant/consultee alone SKIP M.19(8)
- Participant and informant/consultee
- Not applicable
- Item not completed

19 If participant and informant/consultee, was this

- Mainly participant
- Mainly informant/consultee
- Equal contribution
- Not applicable
- Item not completed

		4.0		144 10
20	1/1/ac	thic	Section	omitted?

- Yes SKIP M.1_01(8) M.1_02(8) M.1_03(8) M.1_04(8) M.1_05(8) M.1_06(8) M.1_07(8) M.1_08 (8) M.1_09(8) M.1_10(8) M.1_11(8) M.1_12(8) M.2 M.3_1(8) M.3_2(8) M.4(8) M.5(8) M.6(8) M.7_1 M.7_2 M.7_3 M.7_4 M.7_5 M.7_6 M.8(8) M.9_1 M.9_2 M.9_3 M.9_4 M.9_5 M.9_6 M.10(8) M.11 M.12(8) M.13(8) M.14 M.15(8) M.16 M.17_01 M.17_02 M.17_03 M.17_04 M.17_05 M.17_06 M.17_07 M.17_08 M.17_09 M.17_10 M.18(8) M.19(8)
- No SKIP M.21(98) M.22(8)
- Item not completed

21 Why was it omitted?

- Interviewer decision Participant frailty/fatigue SKIP M.22(8)
- Interviewer decision Participant distress SKIP M.22(8)
- Interviewer decision Participant unwell SKIP M.22(8)
- Interviewer decision Participant too busy SKIP M.22(8)
- Interviewer decision Concern re interviewer safety SKIP M.22(8)
- Interviewer error SKIP M.22(8)
- Participant refused
- Relative/carer refused
- Other reason (specify) SKIP M.22(8)
- Not applicable
- Item not completed

22 Why did they refuse?

- No reason given
- Distress/anxiety
- Unwell
- Fatigue
- Other reason (specify)
- Not applicable
- Item not completed

N. GERIATRIC DEPRESSION SCALE

NOT POSSIBLE WITH AN INFORMANT.

OMIT IF PHASE 4 MMSE<	115
-----------------------	-----

I wo e answer only yes or no based on how you felt

ould now like to ask you some questions about how you feel. Please a over the past week.
O Phase 4 SMMSE score (max 30) Recalculate
1 Are you basically satisfied with your life?
Yes
O No
Don't know
Not applicable
Refused to answer
Not asked
2 Have you dropped many of your activities and interests?
© Yes
O No
Don't know
Not applicable
Refused to answer
Not asked
3 Do you feel that your life is empty?
O Yes
O No
Don't know
Not applicable
Refused to answer
Not asked
4 Do you often get bored?
Yes
O No
Don't know
Not applicable
Refused to answer
Not asked

5 Are you in good spirits most of the time?
Yes
No No
On't know
Not applicable
Refused to answer
Not asked
6 Are you afraid that something bad is going to happen to you?
Yes
No No
Don't know
Not applicable
Refused to answer
Not asked
7 Do you feel happy most of the time?
Yes
No
Don't know
Not applicable
Refused to answer
Not asked
8 Do you often feel helpless?
Yes
No No
Don't know
Not applicable
Refused to answer
Not asked
9 Do you prefer to stay at home rather than going out and doing new things?
Yes
No No
On't know
Not applicable
Refused to answer
Not asked

10 Do you feel you have more problems with memory than most?
Yes
[™] No
Don't know
Not applicable
Refused to answer
Not asked
11 Do you think it is wonderful to be alive now?
Yes
No No
Don't know
Not applicable
Refused to answer
Not asked
12. Do you feel pretty worthless the way you are now? Yes No Don't know
Not applicable
Refused to answer
Not asked
13. Do you feel full of energy?
Yes
No Pon't know
Bonthiow
тот аррісаві е
Refused to answer
Not asked
14. Do you feel that your situation is hopeless?
Yes
[™] No
Don't know
Not applicable
Refused to answer
Not asked

15. Do you feel that most people are better off than you are?
© Yes
No No
O Don't know
Not applicable
Refused to answer
Not asked
16 Total GDS score IF THERE ARE MISSING VALUES, DISCUSS SCORING WITH KAREN IF GDS SCORE IS 8 OR MORE, PLEASE INFORM KAREN DAVIES ASAP Total score 0 Recalculate
17 Do you consider that the participant's performance was limited by cognitive impairment?
O Yes
No SKIP N.18
Not applicable
ltem not completed
18 If yes, Please give details

19 Was this section omitted?	
Yes SKIP N.1(8) N.2(8) N.3(8) N.4(8) N.5(8) N.6 (8) N.13(8) N.14(8) N.15(8) N.17(8) N.18	6(8) N.7(8) N.8(8) N.9(8) N.10(8) N.11(8) N.12
No SKIP N.20(98) N.21(8)	
Item not completed	
20 Why was it omitted?	
 Interviewer decision - Participant frailty/fatigue SKI 	P N 21(8)
 Interviewer decision - Participant distress SKIP N.2 	
 Interviewer decision - Participant unwell SKIP N.21 	
Interviewer decision - Participant too busy SKIP N.	
Interviewer decision - Phase 4 SMMSE < 15 SKIP	
 Interviewer decision - Informant/consultee ONLY ar informant SKIP N.21(8) 	
Interviewer decision - Concern re interviewer safet	y SKIP N.21(8)
Interviewer error SKIP N.21(8)	
Participant refused	
Relative/carer refused	
Other reason (specify)	SKIP N.21(8)
Not applicable	
Item not completed	
21 Why did they refuse?	
No reason given	
Distress/anxiety	
Unwell	
Fatigue	
Other reason (specify)	
Not applicable	
Item not completed	

O. EXHAUSTION

Not Possible with an Informant

Not asked

Now in the next two questions I would like to ask about your energy levels <u>during the past week</u>. I will ask you the question and then give you a range of options as answers. Please listen carefully to all of the options and then chose the one which most closely matches your situation.

1 During the past week how often have you felt that everything you did was an effort?
Rarely or none of the time (less than 1 day)
Some or a little of the time (1-2 days)
Occasionally or a moderate amount of time (3-4 days)
Most or all of the time (5-7 days)
Don't know
Not applicable
Refused

2 During the past week how often	en have you felt that you could not get "going"?
Rarely or none of the time (less than 1 day)
Some or a little of the time ((1-2 days)
Occasionally or a moderate	amount of time (3-4 days)
Most or all of the time (5-7 of the time)	days)
Don't know	
Not applicable	
Refused to answer	
Not asked	
3 Was this section omitted?	
Yes SKIP 0.1(8) 0.2(8)	
No SKIP O.4(98) O.5(8)	
ltem not completed	
4 Why was it omitted?	
Interviewer decision - partic	sipants frailty/fatigue SKIP O.5(8)
Interviewer decision - partic	
Interviewer decision - partic	cipant unwell SKIP O.5(8)
Interviewer decision - partic	cipant too busy SKIP O.5(8)
Interviewer decision - conce	ern re interviewer safety SKIP O.5(8)
Interviewer decision - partic	sipant not present - not possible with informant SKIP O.5(8)
Interviewer decision - partic	sipant too cognitively impaired - not possible with informant SKIP $0.5(8)$
Interviewer error SKIP 0.5	(8)
Participant refused	1-7
Relative/carer refused	
Other reason (specify)	SKIP 0.5(8)
Not applicable	
ltem not completed	
5 Why did they refuse?	
No reason given	
Distress/anxiety	
Unwell	
Fatigue	
Other reason (specify)	
Not applicable	
ltem not completed	

P. FALLS

DOCCIDI	A NI INIE	

1 In the last 12 months, that is since (STATE DATE 12 M PREVIOUSLY) have you had a fall?
© Yes
No SKIP P.2 P.3(8) P.4 P.5(8) P.6 P.7(8) P.8 P.9(8) P.10 P.11(8) P.12
Don't know
Not applicable
Refused to answer
Not asked
2 How many times have you fallen in the last 12 months?
Min: 01 Max: 50 Don't know: 97 Refused to answer: 99 Not asked: 90
3 Some falls are caused by a simple trip or slip whilst in other cases an individual might just suddenly find themselves on the ground. I would now like to find out about the kind of falls
you have had. In the last 12 months have you had any falls involving a simple trip or slip?
© Yes
No SKIP P.4
Don't know
Not applicable
Refused to answer
Not asked
4 How many times in the last 12 months have you had a fall involving a simple trip or slip?
Min: 01 Max: 50 Don't know: 97 Refused to answer: 99 Not asked: 90
5 In the last 12 months, have you had any falls where you have found yourself on the ground (without a trip or slip)?
O Yes
No SKIP P.6
Don't know
Not applicable
Refused to answer
Not asked
6 How many times in the last 12 months have you had a fall where you found yourself on the ground?
Min: 01 Max: 50 Don't know: 97 Refused to answer: 99 Not asked: 90

7 In	the last 12 months, have	ve you broken any bones/had any fractures, due to a fall?
	Yes	
	No SKIP P.8	
	Don't know	
	Not applicable	
	Refused to answer	
	Not asked	
8 In	the last 12 months, ho	w many times have you had a fall which resulted in a broken bone?
		Min: 01 Max: 10 Don't know: 97 Refused to answer: 99 Not asked: 90
9 In	the last 12 months, did	d you go to Accident and Emergency following a fall?
	Yes	
	No SKIP P.10	
	Don't know	
	Not applicable	
	Refused to answer	
	Not asked	
		Min: 01 Max: 10 Don't know: 97 Refused to answer: 99 Not asked: 90
	n the last 12 months, w ring in hospital at least	ere you admitted to hospital following a fall? (by admission I mean
Stay	Yes	overnighty
	No SKIP P.12	
	Don't know	
	Not applicable	
	Refused to answer	
	Not asked	
12 H	low many times, in the	last 12 months, did you get admitted following a fall?
		Min: 01 Max: 10 Don't know: 97 Refused to answer: 99 Not asked: 90
MEN		ave you had any fits, faints, funny turns or blackouts? KTHEM TO DESCRIBE IN MORE DETAIL. IF DIZZYNESS ONLY
	© Yes	
	No SKIP P.14 P.15(8)	
	Don't know	
	Not applicable	
	Refused to answer	
	Not asked	

14 How many of these episodes have you had in the last 12 months?
Min: 01 Max: 50 Don't know: 97 Refused to answer: 99 Not asked: 9
15 On average, how often do these episodes occur. Is it:
© Daily
Weekly
Monthly
Less often?
Don't know
Not applicable
Refused to answer
Not asked
16 Falls section answered by
Participant alone SKIP P.17(8)
Informant/consultee alone SKIP P.17(8)
Participant and informant/consultee
Not applicable
Item not completed
17 If participant and informant/consultee, was this
Mainly participant
Mainly informant/consultee
Equal contribution
Not applicable
Item not completed
18 Was this section omitted?
Yes SKIP P.1(8) P.2 P.3(8) P.4 P.5(8) P.6 P.7(8) P.8 P.9(8) P.10 P.11(8) P.12 P.13(8) P.14 P.15(8) P.16(8) P.17(8)
No SKIP P.19(98) P.20(8)
ltem not completed

19 Why was it omitted?		
Interviewer decision - Participant frailty/fatigue SKIP P.20(8))	
Interviewer decision - Participant distress SKIP P.20(8)		
Interviewer decision - Participant unwell SKIP P.20(8)		
Interviewer decision - Participant too busy SKIP P.20(8)		
Interviewer decision - Concern re interviewer safety SKIP P	.20(8)	
Interviewer error SKIP P.20(8)		
Participant refused		
Relative/carer refused		
Other reason (specify)	SKIP	P.20(8)
Not applicable Item not completed		
Them the completed		
20 Why did they refuse?		
No reason given		
Distress/anxiety		
O Unwell		
© Fatigue		
Other reason (specify)		
Not applicable		
Item not completed		

Q. GENERALISED PAIN

NOT POSSIBLE WITH AN INFORMANT.

I would now like to ask you about aches and pains.

1 During the past month, have you had any ache or pain lasting for one day or longer?
© Yes
No SKIP Q.2(8) Q.3(8) Q.4(8) Q.5
Don't know
Not applicable
Refused to answer
Not asked
2 Do you have any pain now?
O Yes
O No
Don't know
Not applicable
Refused to answer
Not asked
3 Did the pain start:
Within the last three months
More than three months ago
Don't know
Not applicable
Refused to answer
Not asked
4 Have you already seen your GP because of your pain?
© Yes
O No
Don't know
Not applicable
Refused to answer
Not asked
5 Thinking back over the past month, and including any pain you might have at present, on how many days have you had pain?
Min: 01 Max: 31 Don't know: 97 Refused to answer: 99 Not asked: 90

6 Was this section omitted	d?	
Yes SKIP Q.1(8) Q.2(8)	3) Q.3(8) Q.4(8) Q.5	
No SKIP Q.7(98) Q.8(8	3)	
Item not completed		
7 Why was it omitted?		
	articipant frailty/fatigue SKIP Q.8(8)	
	articipant distress SKIP Q.8(8)	
	articipant unwell SKIP Q.8(8)	
	articipant too busy SKIP Q.8(8)	
	formant/consultee ONLY answering -	section not possible with
informant SKIP Q.8(8)	ionnaniyoonoanoo oner anowoning	occuent not poccible with
Interviewer decision - C	oncern re interviewer safety SKIP Q.8	3(8)
Interviewer error SKIP (Q.8(8)	
Participant refused		
Relative/carer refused		
Other reason (specify)		SKIP Q.8(8)
Not applicable		
Item not completed		
8 Why did they refuse?		
No reason given		
Distress/anxiety		
O Unwell		
Fatigue		
Other reason (specify)		
Not applicable		
Item not completed		

R. INCONTINENCE

POSSIBLE WITH AN INFORMANT

Not asked

Now I would like to ask you some questions about a common problem that is not always mentioned to the doctor. As before, the questions will have a choice of answers; please listen carefully to all of the choices before selecting the one which most closely matches your situation. Think about how you have been over the last 12 months, that is since ... (State date 12 months previously)

1 Do you currently use a catheter?
Yes
No SKIP R.2(8)
Don't know
Not applicable
Refused to answer
Not asked
2 Have you used a catheter for the whole of the last 12 months?
Yes SKIP R.3(8) R.4(8) R.5(8) R.6(8) R.7(8) R.8(8) R.9(8) R.10(8)
[™] No
Don't know
Not applicable
Refused to answer
Not asked
3 If catheterised for less than 12 months, then answer questions based on period when not catheterised. Do you ever leak any urine when you don't mean to? (this means anything from a few drops to a flood during the day or night)
Yes
No SKIP R.4(8) R.5(8) R.6(8) R.7(8) R.8(8) R.9(8)
Don't know
Not applicable
Refused to answer
Not asked
4 When you leak urine are you usually:
Soaked
[™] Wet
Damp
Almost dry?
Don't know
Not applicable
Refused to answer

Not applicable
Refused to answer

Not asked

Continuously Several times a day Several times a week Several times a month Several times a year
Several times a week Several times a month
Several times a month
Several limes a year
Rarely?
Don't know
Not applicable
Refused to answer
Not asked
ever leak urine because you have difficulty going to, or getting on or off a toilet or
Several times a day
Several times a week
Several times a month
Several times a year
Never / Rarely?
Don't know
Not applicable
Refused to answer
Not asked
leak urine when you laugh, cough or exercise?
Several times a day
Several times a week
Several times a month
Several times a year
Never / Rarely?
Don't know
Not applicable
Refused to answer

9 How much of a problem would you say you have with your urinary leakage?
Severe problem
Moderate problem
Mild problem
No problem?
Don't know
Not applicable
Refused to answer
Not asked
10 How often do you actually get up at night to pass urine?
4 times or more a night
3 times a night
Twice a night
Once a night
Not usually
Uses night bag
Don't know
Not applicable
Refused to answer
Not asked
11 Do you ever leak from your bowels when you don't mean to? (during the day or night)
Continuously
Several times a day
Several times a week
Several times a month
Several times a year
Several times a year
Several times a year Never /Rarely?
Several times a year Never /Rarely? Don't know
Several times a year Never /Rarely? Don't know Not applicable
Several times a year Never /Rarely? Don't know Not applicable Refused to answer Not asked 12 Do you use the laundry services provided by Social Services to help those with incontinence?
Several times a year Never /Rarely? Don't know Not applicable Refused to answer Not asked 12 Do you use the laundry services provided by Social Services to help those with incontinence? Yes
Several times a year Never /Rarely? Don't know Not applicable Refused to answer Not asked 12 Do you use the laundry services provided by Social Services to help those with incontinence? Yes No
Several times a year Never /Rarely? Don't know Not applicable Refused to answer Not asked 12 Do you use the laundry services provided by Social Services to help those with incontinence? Yes
Several times a year Never /Rarely? Don't know Not applicable Refused to answer Not asked 12 Do you use the laundry services provided by Social Services to help those with incontinence? Yes No
Several times a year Never /Rarely? Don't know Not applicable Refused to answer Not asked 12 Do you use the laundry services provided by Social Services to help those with incontinence? Yes No Don't know

13 Incontinence section answered by	
Participant alone SKIP R.14(8)	
Informant/consultee alone SKIP R.14(8)	
Participant and informant/consultee	
Not applicable	
Item not completed	
14 If participant and informant/consultee, was	s this
Mainly participant	
Mainly informant/consultee	
Equal contribution	
Not applicable	
Item not completed	
15 Was this section omitted?	
Yes SKIP R.1(8) R.2(8) R.3(8) R.4(8) R.5(8) I	R.6(8) R.7(8) R.8(8) R.9(8) R.10(8) R.11(8) R.12(8)
R.13(8) R.14(8)	
No SKIP R.16(98) R.17(8)	
Item not completed	
16 Why was it omitted?	
Interviewer decision - Participant frailty/fatigue	SKIP R.17(8)
Interviewer decision - Participant distress SKII	P R.17(8)
Interviewer decision - Participant unwell SKIP	R.17(8)
Interviewer decision - Participant too busy SKI	IP R.17(8)
Interviewer decision - Concern re interviewer s	safety SKIP R.17(8)
Interviewer error SKIP R.17(8)	
Participant refused	
Relative/carer refused	
Other reason (specify)	SKIP R.17(8)
Not applicable	
Item not completed	
17 Why did they refuse?	
No reason given	
Distress/anxiety	
O Unwell	
Fatigue	
Other reason (specify)	
Not applicable	
ltem not completed	

S. FRACTURES

POSSIBLE WITH A PROXY

I would nowlike to ask you about fractures, broken bones or cracked bones.
I am interested in what has happened to you in the last 10 years since you started this study.

1 Have you had any fractures, broken bones or cracked bones in the last 10 years?
O Yes
No SKIP S.2, S.3, S.4,S.5,S.6,S.7,S.8,S.9
Don't know
Refused to answer
Not asked
2 Have you broken your hip in the last 10 years?
Yes
O No
Don't know
Refused to answer
Not asked
3 If yes, how many times have you broken your hip?
Once
Twice
3 times
O 4 times
Don't know
Not applicable
Refused to answerNot asked
Not asked Refused to answer
Not asked
4 There are different reasons why someone might break a bone. This card lists the ones we are interested in.
- A major accident such as a car crash, a fall from a height or a fall down stairs
 A fall due to simple trip or slip (from standing height) An unexplained fall (from standing height) where they suddenly found themselves on the
ground (without a trip)
- Out of the blue – a spontaneous fracture
Document the cause of each hip fracture

5 In the past 10 years have you had any other fractures?
O Yes
O No
O Don't know
Not applicable
Refused to answer Answer
Not asked
6 There are different reasons why someone might break a bone. This card lists the ones we are interested in.
- A major accident such as a car crash, a fall from a height or a fall down stairs
 A fall due to simple trip or slip (from standing height) An unexplained fall (from standing height) where they suddenly found themselves on the
ground (without a trip)
- Out of the blue – a spontaneous fracture
Document the cause of each of the "other" fractures.
7 Fracture section answered by?
Participant alone
Proxy alone
Equal contribution
Item not completed
8. Was this section omitted?
© Yes
◎ No
Item not completed

9. Why was it omitted?

Participant frailty/fatigue
Participant distress
Participant busy
Proxy only interview – section not possible by proxy
Proxy only interview – proxy did not know
Concern re interviewer safety
Interviewer error
Other reason (specify)
Not applicable
Item not completed

T. HAND-GRIP STRENGTH

1 Was the hand-grip strength section attempt	ted?
Yes SKIP T.2(98) T.3(8)	
No SKIP T.4(8) T.5(98) T.6(8) T.7_1 T.7_2	T.8_1 T.8_2 T.10(98) T.11(8)
Item not completed	
2 Why was it not attempted	
Interviewer decision - Participant frailty/fatigue	e SKIP T.3(8)
Interviewer decision - Participant distress SK	P T.3(8)
Interviewer decision - Participant unwell SKIF	⁹ T.3(8)
Interviewer decision - Participant too busy Sk	(IP T.3(8)
Interviewer decision - Concern re interviewer	safety SKIP T.3(8)
Interviewer decision - Technical problem SKI	P T.3(8)
Interviewer error SKIP T.3(8)	
Participant refused	
Relative/carer refused	
Other reason (specify)	SKIP T.3(8)
Not applicable	
Item not completed	
Why did they refuse? No reason given Distress/anxiety Unwell Fatigue Painful	
Other reason (specify)	
Not applicable	
Item not completed	
4 Instruct the participant to squeeze on the d should be done first with the right hand ther hand and finally again with the left hand. This mean value of the highest measurement for e approximately three seconds.	the left hand, then again with the right s gives a total of four measurements. The
Were all 4 measurements obtained?	
Yes SKIP T.5(98) T.6(8)	
O No	
Not applicable	
Item not completed	

5 Why weren't all 4 measureme	nts obtained?
Interviewer decision - Partici	ipant frailty/fatigue SKIP T.6(8)
Interviewer decision - Partici	ipant distress SKIP T.6(8)
Interviewer decision - Partici	ipant unwell SKIP T.6(8)
Interviewer decision - Too p	ainful SKIP T.6(8)
Interviewer decision - Techn	nical problem SKIP T.6(8)
Interviewer error SKIP T.6(8	3)
Participant refused	
Relative/carer refused	
Other reason (specify)	SKIP T.6(8)
Not applicable	
Item not completed	
6 Why did they refuse?	
No reason given	
Distress/anxiety	
O Unwell	
Fatigue	
Painful	
Other reason (specify)	
Not applicable	
Item not completed	
7 First Measurement	
	of these measurements enter 88.8 in the relevant box(es)
Right Hand	Min: 00.0 Max: 70.0 Format: nn.n Omitted: 99.0
Left Hand	Min: 00.0 Max: 70.0 Format: nn.n Omitted: 99.0
8 Second Measurement	
Right Hand	Min: 00.0 Max: 70.0 Format: nn.n Omitted: 99.0
Left Hand	Min: 00.0 Max: 70.0 Format: nn.n Omitted: 99.0
9 Mean of highest value for eac	n hand
Recalculate	

10 Record any difficulties participant had with measurement (CODE ALL THAT APPLY)
No difficulties
Difficulty understanding task
Hemi-paresis - left
Hemi-paresis - right
Arthritis - left
Arthritis - right
Parkinson's - left
Parkinson's - right
Recent trauma - left
Recent trauma - right
Old trauma - left
Old trauma - right
Hand contractures - left
Hand contractures- right
Other (specify)
Not applicable
Item not completed
11 Which is the participant's dominant hand?
C Left
Right
Ambidextrous
Not applicable
Item not completed

U. CLOSING REMARKS SECTION

POSSIBLE WITH AN INFORMANT

1 How did you find this interview?
2 Closing remarks section answered by
Participant alone SKIP V.3(8)
Informant/consultee alone SKIP V.3(8)
Participant and informant/consultee
Not applicable
Item not completed
3 If participant and informant/consultee, was this
Mainly participant
Mainly informant/consultee
Equal contribution
Not applicable
Item not completed
·

4 Was this section omitted	1?		
Yes SKIP V.1 V.2(8) V.3	3(8)		
No SKIP V.5(98) V.6(8)			
Item not completed			
5 Why was it omitted?			
_			
	articipant frailty/fatigue SKIP V.6(8)		
	articipant distress SKIP V.6(8)		
	articipant unwell SKIP V.6(8)		
_	articipant too busy SKIP V.6(8)	2 (0)	
_	oncern re interviewer safety SKIP V.6	5(8)	
○ Interviewer error SKIP V	7.6(8)		
Participant refused			
Relative/carer refused			
Other reason (specify)		SKIP	V.6(8)
Not applicable			
Item not completed			
• NA/by, died theory motives of			
6 Why did they refuse?			
No reason given			
Distress/anxiety			
Unwell			
Fatigue			
Other reason (specify)			
Not applicable			
Item not completed			

This will not populate until the SMMSE has been scored.

V. INTERVIEWER'S ASSESSMENT OF PARTICIPANT

COMPLETE DISCREETLY

1 SMMSE Total Score

Use the SMMSE as a prompt in this section.	
o Recalculate	
2 Did the participant contribute to any of the QUESTION respo	nses?
O Yes	
No SKIP W.3(8) W.4(8) W.5 W.6(8) W.7 W.8 W.9(8) W.10	
Not applicable	
Item not completed	
3 Was the SMMSE <19?	
O Yes	
No SKIP W.8	
Not applicable	
Item not completed	
4 Clear answers?	
Yes SKIP W.5	
O No	
Not applicable	
Item not completed	
5 If NO, Problematic areas	

6 Rel	iable answers?	
	Yes SKIP W.7	
	O No	
	Not applicable	
	Item not completed	
7 If N	IO, Problematic areas	
to V	SMMSE <19 and you judged participant's answers to be cland V6, then please justify. Sank if 'no' to V4 AND V6	lear and reliable i.e. 'yes
9 Did	any of the participant interview take place by telephone? © Yes - all interview by telephone SKIP W.10	
	Yes - part of interview by telephone	
	No telephone interview SKIP W.10	
	Not applicable	
	Item not completed	
10 W	hich sections took place by telephone?	
	·	

11 Reliable measurements/function test data?
Yes SKIP W.12
O No
Not applicable
Item not completed
12 If NO, Problematic areas If you have already detailed this information in the relevant section, you do NOT need to repeat this here
enter 'documented in relevant section(s)'.
13 Was this section omitted?
Yes SKIP W.2(8) W.3(8) W.4(8) W.5 W.6(8) W.7 W.8 W.9(8) W.10 W.11(8) W.12
No SKIP W.14(8)
Item not completed
14 Why was it omitted?
Participant not present for any of interview
○ Interviewer error
Other reason (specify)
Not applicable
Item not completed

W.CONSULTEE/INFORMANT DETAILS

This section is to record details of informant(s) who have contributed to the interview.

In some cases this will be because the participant required a legal consultee in the consent process- in this scenario the interview MUST have been conducted with an informant to ensure that reliable answers are obtained. Measurements/function tests should still have been conducted/attempted with the participant where possible.

In other cases an individual may have acted as an 'informant' and provided prompts to a participant who was not sufficiently cognitively impaired to require consultee approval by law. This may have been because of mild cognitive impairment or simple memory lapse. This type of informant's responses should only have been recorded if you felt that they were more reliable than those of the participant.

1 SMMSE Total Score This will not populate until the SMMSE has been scored. Use the SMMSE as a prompt for W2 0 Recalculate 2 Was consultee approval legally required according to the consent procedure for this participant? 9 Yes SKIP X.3(8) No SKIP X.4(8) Not applicable Item not completed 3 Did any of this interview take place with an informant(s)? Exclude cases where consultee approval was required in the consent process. 9 Yes No SKIP X.5(98) X.6(8) X.7 X.8(8) Y.1(8) Y.2 Y.3(8) Y.4 Y.5(8) Y.6 Y.7(8) Y.8(8) Not applicable Item not completed 4 Was the MAIN informant for this interview the same person as the legal consultee? 9 Yes No Not applicable Item not completed	ecorded if you felt that they were more reliable than those of the participant.
participant? Yes SKIP X.3(8) No SKIP X.4(8) Not applicable Item not completed 3 Did any of this interview take place with an informant(s)? Exclude cases where consultee approval was required in the consent process. Yes No SKIP X.5(98) X.6(8) X.7 X.8(8) Y.1(8) Y.2 Y.3(8) Y.4 Y.5(8) Y.6 Y.7(8) Y.8(8) Not applicable Item not completed 4 Was the MAIN informant for this interview the same person as the legal consultee? Yes No Not applicable	This will not populate until the SMMSE has been scored. Use the SMMSE as a prompt for W2
 No SKIP X.4(8) Not applicable Item not completed 3 Did any of this interview take place with an informant(s)? Exclude cases where consultee approval was required in the consent process. Yes No SKIP X.5(98) X.6(8) X.7 X.8(8) Y.1(8) Y.2 Y.3(8) Y.4 Y.5(8) Y.6 Y.7(8) Y.8(8) Not applicable Item not completed 4 Was the MAIN informant for this interview the same person as the legal consultee? Yes No Not applicable 	
 Not applicable Item not completed 3 Did any of this interview take place with an informant(s)? Exclude cases where consultee approval was required in the consent process. Yes No SKIP X.5(98) X.6(8) X.7 X.8(8) Y.1(8) Y.2 Y.3(8) Y.4 Y.5(8) Y.6 Y.7(8) Y.8(8) Not applicable Item not completed 4 Was the MAIN informant for this interview the same person as the legal consultee? Yes No Not applicable 	Yes SKIP X.3(8)
3 Did any of this interview take place with an informant(s)? Exclude cases where consultee approval was required in the consent process. Yes No SKIP X.5(98) X.6(8) X.7 X.8(8) Y.1(8) Y.2 Y.3(8) Y.4 Y.5(8) Y.6 Y.7(8) Y.8(8) Not applicable Item not completed 4 Was the MAIN informant for this interview the same person as the legal consultee? Yes No Not applicable	No SKIP X.4(8)
3 Did any of this interview take place with an informant(s)? Exclude cases where consultee approval was required in the consent process. Yes No SKIP X.5(98) X.6(8) X.7 X.8(8) Y.1(8) Y.2 Y.3(8) Y.4 Y.5(8) Y.6 Y.7(8) Y.8(8) Not applicable Item not completed 4 Was the MAIN informant for this interview the same person as the legal consultee? Yes No Not applicable	Not applicable
Exclude cases where consultee approval was required in the consent process. Yes No SKIP X.5(98) X.6(8) X.7 X.8(8) Y.1(8) Y.2 Y.3(8) Y.4 Y.5(8) Y.6 Y.7(8) Y.8(8) Not applicable Item not completed 4 Was the MAIN informant for this interview the same person as the legal consultee? Yes No Not applicable	ltem not completed
 Item not completed 4 Was the MAIN informant for this interview the same person as the legal consultee? Yes No Not applicable 	Exclude cases where consultee approval was required in the consent process. Yes
4 Was the MAIN informant for this interview the same person as the legal consultee? O Yes No No Not applicable	Not applicable
YesNoNot applicable	ltem not completed
No Not applicable	4 Was the MAIN informant for this interview the same person as the legal consultee?
Not applicable	O Yes
	O No
ltem not completed	Not applicable
	Item not completed

5 Who was the MAIN informant for this interview?
Spouse/Partner
Child
Grandchild
Brother/sister
Other relative (specify)
Care home staff
Home help/home care
○ Friend/acquaintance
Other (specify)
Not applicable
Item not completed
6 How often do they see the participant?
Daily
Weekly
Monthly
Less often
Not applicable
Item not completed
7 How many informants in total contributed to this interview? Min: 1 Max: 5 Not completed: 0
8 Was the participant present for the interview as well?
Yes- all of interview
Yes- part of interview
O No
Not applicable
Item not completed
9 Was this section omitted?
Yes SKIP X.2(8) X.3(8) X.4(8) X.5(98) X.6(8) X.7 X.8(8)
No SKIP X.10(8)
Item not completed
, , , , , , , , , , , , , , , , , , , ,
10 Why was it omitted?
-
Interviewer error
Other reason (specify)
Not applicable
Item not completed

X. INTERVIEWER'S ASSESSMENT OF INFORMANT/CONSULTEE

COMPLETE DISCREETLY

1 (Clear answers?	
	Yes SKIP Y.2	
	○ No	
	Not applicable	
	Item not completed	
2	If no, problematic areas	
		*
3 Re	eliable answers?	
	Yes SKIP Y.4	
	○ No	
	Not applicable	
	Item not completed	
4 If r	no, problematic areas	

End Visit

5 Did any of the interview v	with informant/consultee take place by	telephone?
Yes - all interview by te	elephone SKIP Y.6	
Yes - part of interview b	by telephone	
No telephone interview	SKIP Y.6	
Not applicable		
Item not completed		
6 Which sections took place	e by telephone?	
7 Was this section omitte • Yes SKIP Y.1(8) Y.2 Y		
No SKIP Y.8(8)		
Not applicable		
ltem not completed		
8 Why was it omitted?		
Interviewer error		
Other reason (specify)		
Not applicable		
Item not completed		